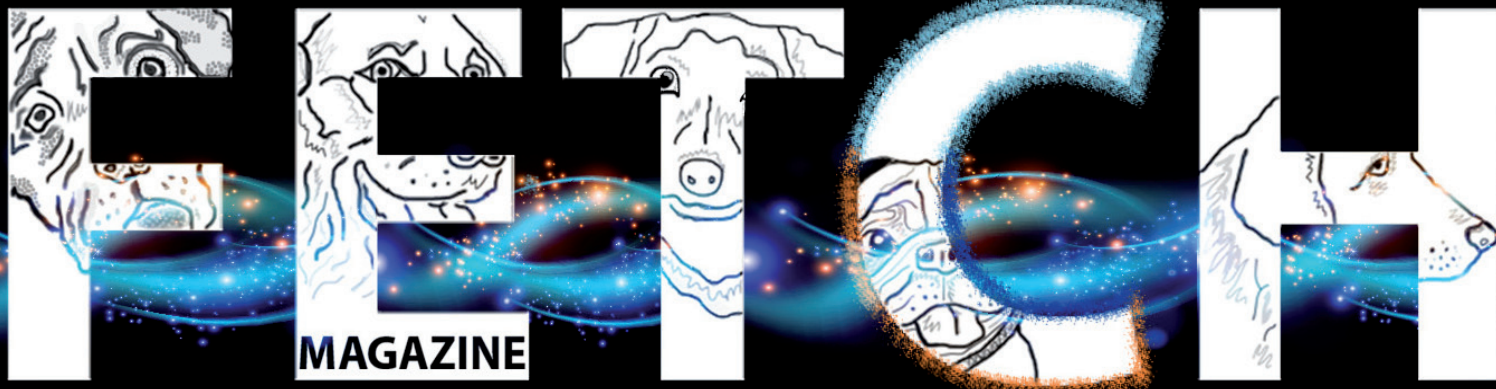


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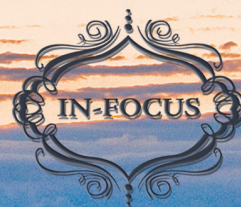
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**FALL 2019**

Volume 16, Issue 3

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*cover dog...*

*Tucker is like an on and off switch. When he is awake he is very energetic, but when he rests he is perfectly still. He loves to play but also loves to cuddle with anyone nearby. He loves everyone and everyone loves him.*

*~ Nicole Larson*

### The "OH NO" Spot: Corrections to Summer

In the article "Sunscreen Safety Tips," written by Chereese Cobb, Dr. Tiffany Mitchener from Capitola Veterinary Hospital in Capitola, California, was improperly cited.

She was not directly quoted for this article.  
And we apologize for this mistake!

## THE INSIDE SCOOP

### inside every issue

- 6 **Editor's Paw**
- 10 **Breed Profile:** Italian Greyhound
- 22 **K9 Marketplace:** Local Listings
- 31 **Fetch Me If You Can:** Adoptables
- 36 **A Dog's Life:** Event Calendar
- 38 **To The Rescue:** Rescue Directory
- 37 **Crossword Puzzle**

### features for fido

- 20 **The Magic of CBD**
- 28 **Folklore & Legends:** 4 Cat & Dog Cryptids

### canine columns

- 8 **The Vet Is In:** The Great Grain-Free Debate
- 12 **The Hydrant:** Pit Bull Awareness
- 19 **Cat Corner:** Fox River Valley Cat Club
- 26 **Celebrity Paw Profile:** Patty's Hero

### fetch's xtras

- 7 **Pawsitism**
- 13 **Contest**
- 14 **The Great Pretender:** Hypoadrenocorticism
- 15 **Magic of Pet Ownership**
- 18 **Off-The-Leash with Ken Young**
- 27 **Canine Symbolism**



## EDITOR'S PAW



Dear FETCH Friends:

**W**hat is magic? When I look at the picture above, I feel magic flowing in my veins. Magic is a tingly sensation. It's the feeling you get when you can't explain why you love something so much! It's knowing that you would go to the end of the world for something other than yourself. That is what this issue explores ... along with some more fun pieces about animal folklore and symbolism. The first article on page 7 is about the magic between an autistic child and a dog. As a parent to an autistic son, this gives me hope. Everyday I witness the love my son has for our dog. Some days can be a bit challenging—he can be a little handsy and squirrely—but with redirection a more productive encounter can occur. If it were up to me, every autistic child would be paired with a service animal or companion animal because the change in the child is remarkable. Animals are great healers and conduits for communication.

The article on page 15 by Dr. Tiffany Mitchener titled "The Magic of Pet Ownership" is a great piece that touches on so many different aspects of how animals create magic in our lives. So if you get a chance, please peak through the whole issue to see what it has to offer you. From magic tricks to folklore to animal symbolism and much more, this issue is unique. Please enjoy!

To creating magic in your world,



Photo Courtesy of Ace Photography



BY HOLLY KELSEY-HENRY, FREELANCER

Ask Rebekah Hintzman who's leading the way for her new nonprofit, Pawsitism, and she'll tell you that Isa the Goldendoodle and Finne the English Golden Retriever are "two smart puppies paving the way for an amazing organization."

Located at 1229 Erie Avenue in Sheboygan, Wis., Pawsitism trains service

## Pawsitism Delivers Hope on Four Paws

dogs to become anchors and best friends to children with autism. After they complete the training, the dogs are placed, free of charge, with a family in need.

For families facing the challenges of autism, pets can play a significant role in their social lives. Research has found that dogs can act as a stimulus for social interaction. In fact, a University of Missouri study recently found that children with autism have much stronger social interaction skills when they live with any kind of pets at home for a prolonged period of time.

The dogs are trained to perform deep pressure therapy when a child becomes upset or panics by applying pressure to help calm them. They also learn deep gaze therapy where they look at the child directly to help bring their stress

*"... children with autism have much stronger social interaction skills when they live with any kind of pets at home for a prolonged period of time."*

level down. Isa and Finne are hard at work perfecting their service skills in an 18-month-long training program. They will also be trained in search and

rescue, in case a child becomes lost. Both are confident swimmers who can keep children safe in the water.

"The dogs also learn tether/anchor techniques where the child is actually tethered to the dog, and if the child wants to bolt, the dog anchors and freezes to not allow the child to move away," Hintzman explains. "The dogs can also go down slides to make playgrounds more fun for the child and encourage them to engage with other children."

The organization was founded in 2018 when Hintzman made the decision to follow her dream and create a non-

PAWSITISM CONTINUED ON PAGE 17

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## THE VET IS IN

# THE GREAT GRA

## What is DCM? Is It Diet Related?

BY MEGAN TREMELLING, DVM, LVS

**D**ilated cardiomyopathy (DCM) is a disorder in which the heart muscle becomes too weak to pump properly. Treatments exist, but many cases are fatal. It is, unfortunately, very common in Dobermans, Pinschers, Boxers and Great Danes and also occurs in other medium to large dogs such as Irish Wolfhounds, Saint Bernards and Newfoundlands as well as one small breed, the Cocker Spaniel. Because of the breed's predisposition, we believe that there is a genetic component to some forms of the disease.

DCM can also be caused by some other problems including a deficiency of certain nutrients: the amino acids taurine and carnitine. In some cases, for example, when a dog is being fed a completely unbalanced diet, it is a simple question of dietary deficiency.

However, there are other cases in which the problem seems to be the dog's ability to absorb or metabolize taurine properly. Cocker spaniels, in particular, can develop the disease while eating a diet that many other dogs consume without a problem. Taurine levels in the blood can be tested to prove there is a deficiency. Treatment with extra taurine and/or carnitine in these cases has enormous benefits to the heart.

Recently, veterinary cardiologists have been finding DCM at higher rates than expected in breeds that ordinarily don't get the disease. Most of these dogs had normal taurine levels. Another thing they have in common is that the majority were eating what became known as "BEG" diets which fit into one of three categories:

1. Boutique foods such as home-made diets or those made by small pet food companies.
2. Exotic ingredients not traditionally found in dog food such as potatoes, legumes (peas and lentils), buffalo, venison, tapioca and so on.
3. Grain-free diets of any kind.

Some of the dogs got better when switched to different, more traditional food.

Could there be a connection between these BEG diets and the unusual cases of DCM? A link seems likely. What that link might be remains a mystery since taurine levels were not low in most of these dogs. Veterinary nutritionists and cardiologists are hard at work to sort out all the possibilities. The investigation starts with finding out which foods are most often connected with DCM.

The FDA has released the names of the brands most commonly implicated. Ultimately, we still have more questions than answers about diet-related DCM in dogs. We do, however, have some information that lays out a course for getting some answers as well as protecting our pets.

If you are worried that your dog may have DCM, see your veterinarian. Unfortunately, the signs of DCM in dogs can be vague. Some dogs have no signs at all. Others may have weakness, weight loss, cough, difficulty breathing and fainting episodes. Some dogs with DCM have heart murmurs, while many do not. Of course, not every dog that coughs or has a heart murmur has DCM.

Your veterinarian can take an X-ray of the chest to screen for DCM if your dog is showing signs that worry you. Other tests that may be useful include ECG (also known as EKG), bloodwork and blood pressure measurement. Measuring taurine levels may be useful in some dogs, particularly Cockers and Golden Retrievers.

The definitive test for DCM is an echocardiogram, also known as an ultrasound exam of the heart. Some veterinarians in general practice can perform this test while others refer patients to a veterinary cardiologist or other specialist. Once DCM has been confirmed, testing the patient's blood for a taurine deficiency is appropriate, but even dogs with normal taurine levels can develop DCM as a result of their diet.

If your dog is diagnosed with DCM, in addition to treating with medications, you should follow your veterinarian's instructions for feeding. This is likely to mean a traditional commercial dog food. By this, I mean one made by one of the big old-fashioned companies like Purina and Waltham. These are brands containing standard ingredients like chicken, beef,

corn and wheat. Even if your dog does not have DCM, veterinarians involved with the research recommend avoiding BEG diets until we understand more about the problem.

Many dog owners are taken aback at suggestions that they should give their pets food made with ingredients like chicken and corn. Heavy advertising by some of the BEG manufacturers has led owners to believe that traditional ingredients are harmful to dogs or that there is some nutritional benefit to feeding an exotic or grain-free diet. There is no truth to this belief. While the idea of feeding your dog like a wolf is appealing, the fact is that dogs are not wolves. I have never heard of a pack of Pugs taking down an elk and eating it. Dogs have adapted to eat chicken and grains, and most of them do very well on them, with the exception of the minority which have allergies or food intolerances.

Some dog owners don't trust the large dog food companies, especially after hearing about contamination and recalls. Personally, I feel safer giving my dog food from a large company. While the big dog food companies have certainly had some quality control problems over the years, they actually have fewer problems of this type than the small boutique companies. As much as I love the idea of my dog's food coming from a family-owned startup—cooking in their home kitchen with the recipe that always kept Grandpop's dogs in fine trim—when it comes down to it, I want my dog eating food that has been made by a company that has a research laboratory with veterinarians on staff. I want nutritional expertise. I want them testing their product for safety, decreasing the chance that any problems make it to market. I want them doing feeding trials to see what happens to a dog that eats their food, and only their food, for months at a time. I want them doing research to figure out what new tweaks they can offer to give my dog a wholesome food that will keep her healthy.

Feeding a dog food made by a large company may not be as satisfying as boutique food. It may not make me feel as if I'm treating my girl like the unique and integral family member she is. But ultimately, it's not about my feelings; it's about what's good for her. I won't risk her life to follow trends and marketing ploys at the expense of nutritional expertise.



# GRAIN-FREE DEBATE

**DISCLAIMER:** When it comes to any topic that is controversial in nature, research is always the best answer. The more you know, the better. Ask your veterinarian what they think. There are pros and cons to both sides of every story.

## **MORE ARTICLES TO READ:**

"What Dog Owners Need to Know About the FDA's Grain-Free Diet Alert" By Anna Burke, AKC.

"FDA Investigation into Potential Link between Certain Diets and Canine Dilated Cardiomyopathy" on the FDA's website.

"Diet-associated dilated cardiomyopathy in dogs: what do we know?" This is an article from the Journal of the American Veterinary Medical Association by Lisa M. Freeman DVM, PhD; Joshua A. Stern DVM, PhD; Ryan Fries DVM; Darcy B. Adin DVM; John E. Rush DVM, MS.

"Grain-Free Foods and Heart Disease in Dogs" By Karen Strickfaden, DVM, CVA, CAC.

## **Do What You Feel is Right!**

You know your dog best & you know what is working or not.

If you want a grain-free diet, then maybe just consider checking taurine levels and adding a taurine supplement if necessary. But check with a vet first!

## **Brands Listed By FDA:** (July 2019; investigation began in July 2018)

Acana  
Zignature  
Taste of the Wild  
4Health  
Earthborn Holistic  
Blue Buffalo  
Nature's Domain  
Fromm  
Merrick  
California Natural  
Natural Balance  
Orijen  
Nature's Variety  
Nutrisource  
Nutro  
Rachael Ray Nutrish

## **Possible Grain-Free Benefits**

(Info From "Grain-Free Foods & Heart Disease in Dogs")

Limit Food Sensitivities / Intolerances (IBD)

Reduce GI Upset

Improve Body Condition/Weight

Remove Skin Irritations

Eliminate Chronic Licking/Chewing/Itching

Reduce Chronic Ear Infections

Improve Oral Health & Breath

## **Note From the Publisher:**

### **My Opinion:**

To be honest with you, when I first saw this list to the left, my jaw dropped. I've fed my dog several of these brands of dog food in the past. And if you are like me, then you enjoy going to your small, local pet food store for dog food. Part of the fun of having a dog is building relationships with local pet store owners. So don't let your local store suffer because of this. It's important to support small, local businesses. I AM ONE. But I am also going to err on the side of caution and give my dog a diet that isn't grain-free or has legumes in it. More research is definitely needed!

*We would love to hear your opinion! Please email [info@fetchmag.com](mailto:info@fetchmag.com).*

### **Foods You May Want to Try:**

Fromm (Highlander Beef)

Nature's Logic (Distinction)

Stella's Essentials  
Wholesome Grains

American Natural Premium  
(Grain-In & Legume-Free)

Or any of the other brands you know and like but also carry a grain-in, legume-free option.

Talk to your local pet food store for more options!

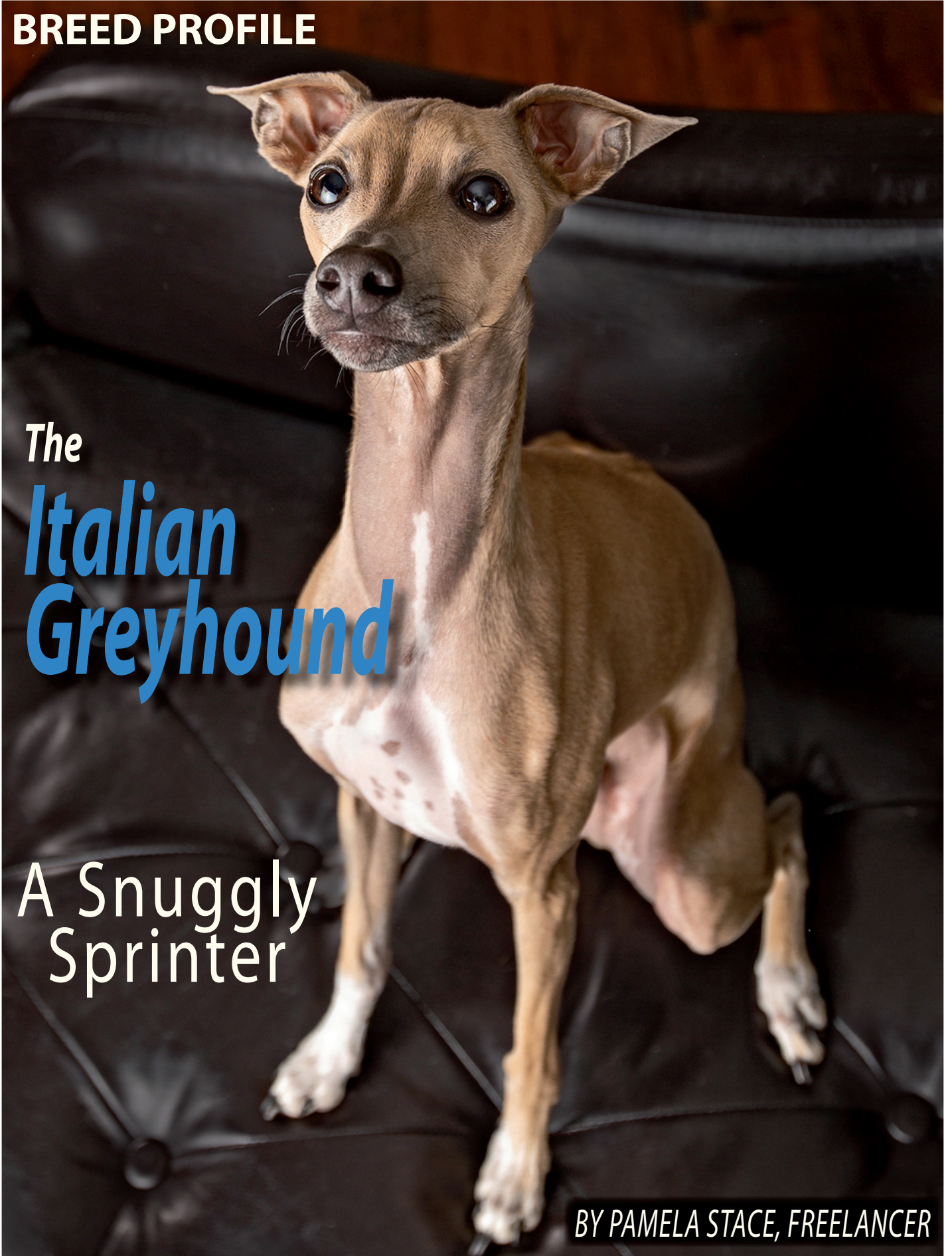


## BREED PROFILE

# *The* **Italian Greyhound**

A Snuggly  
Sprinter

BY PAMELA STACE, FREELANCER





**M**any years ago, I fell in love with Italian Greyhounds when I saw them competing at a Racine Kennel Club dog show. I even picked out a name if I would ever be lucky enough to have one: Paolo. I was attracted to their elegant good looks, the fact that they were often depicted in Renaissance paintings (I was an Art History major) and that you could pick them up and hold them like cats.

Years later, after settling on the Afghan Hound as my breed, I learned that Italian Greyhounds (or IGs) are indeed cuddly but also every bit the athletic hunters that their other Sighthound cousins are.

## History

As is the case for many of our dog breeds, the origins of the Italian Greyhound are sketchy, but we do know that they were not developed in Italy. It is widely believed that the breed came out of Turkey and Greece about 2000 years ago, where images of small Greyhound-like dogs have been found on ancient artifacts. From there, the Italian Greyhound spread throughout the Mediterranean and by the Middle Ages could be found throughout Southern Europe.

Bred for companionship and as a hunter of small game, the little dogs quickly became the darlings of the aristocracy. Royal owners included Charles I, Catherine the Great and later, Queen Victoria during whose reign the popularity of IGs peaked in England. Frederick II of Prussia especially liked the breed and owned more than 50 of the little dogs! IGs can be seen being held by their highborn owners in Renaissance art and portraits. They were especially beloved by wealthy Italians and soon became known as Italian Greyhounds. In the United States, the Italian Greyhound was recognized by the AKC in 1886 and this year was ranked 73rd out of 193 in popularity.

## The Smallest Sighthound

IGs were bred down from the Greyhound and as such have all of the larger dogs hunting and speed capabilities. They are energetic and playful runners and jumpers, but because of their strong prey drive, cannot be relied upon to stay in place off-leash.

They are sometimes referred to as Velcro dogs because they like to stick close to their humans and will follow them everywhere, even under bedcovers. IGs are affectionate and don't like to be left alone for too long. They love attention, although they are not fond of roughhouse play. They are good with children who can respectfully and carefully interact with them.

IGs can be barkers, and for being small dogs, they make good watchdogs. Like cats, IGs love warmth and heights. They enjoy sunshine through a window and sitting on windowsills and chair backs. Because they are not always careful when running and jumping, IGs can injure themselves when they are in high gear.

It is advisable to keep them crated when unsupervised, especially when they are under a year old because their bones aren't fully developed. They have been known to break them! IGs respond to positive, motivational training. They need it to be fun and seem as if it was all their idea! An Italian Greyhound is a wash-and-wear dog. They have short glossy coats that are easy to keep clean, although they are medium shedders. Because of their need for warmth, a nice warm winter coat is a must here in Wisconsin. As is the case with other small breeds, IGs are sometimes slow to become house trained but will eventually get it in response to gentle positive reinforcement training.

## Activities

Because IGs are intelligent and athletic, they are perfect for many organized dog activities. They excel at obedience, rally, agility and lure coursing. Their distinctive high-stepping gait is impressive in the show ring.

## Home Life

Because they are generally adaptable to any environment that contains the humans they love, Italian Greyhounds can live almost anywhere. They make excellent apartment dogs but do need regular exercise. They love to run and can go as fast as 25mph! Again, they will take off if they spy something interesting to chase, so they can never be off-leash or outside a secure, fenced-in area. Like all of their Sighthound cousins, they are born thieves! And of course, they love being held!

## Health Issues

Italian Greyhounds are generally healthy but can be prone to some health issues. These include epilepsy, thyroid problems, cataracts, periodontal disease and hip dysplasia. They are also sensitive to pesticides.

## The Best of Both Worlds

The Italian Greyhound is a Sighthound/Toy combination. An IG combines the qualities of a cuddly, loving lap dog with the impressive speed and prey drive of a Sighthound. I'd say this is the best of two worlds found together in one beautiful, portable package!

## Links

Italian Greyhound Club of America [italiangreyhound.org](http://italiangreyhound.org)

Italian Greyhound Club of America Rescue [www.igrescue.com](http://www.igrescue.com)

## STATS

**Homeland:** Turkey and Greece, later Europe.

**Original Job:** Hunter of small game and companion dog.

**Size:** 13-15 inches, 7-14 lbs.

**Coat Colors:** Solid black, blue sable, red sable, fawn and cream, sometimes with varying amounts of white coloring. Never brindle or classic black and tan pattern.

**Grooming:** Regular bathing, nail trimming and teeth brushing.

**Exercise:** Moderate exercise with regular good romps.

**Lifespan:** 12-15 years.

Got a specific breed  
you want to see in here,  
let us know!  
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# THE HYDRANT



## OCTOBER is Pit Bull Awareness Month

BY MICHELLE SEROCKI, FREELANCER

**B**elieve it or not, October is Pit Bull Awareness Month. This is a big deal to me because I'm an advocate for Pit Bull-type dogs (for the sake of this article, let's call it "PBTDS" for short). It's my profession. My job. No joke. It's all I do. There's so much confusion, misinformation, discrimination and fear surrounding Pit Bull-type dogs that I have the full-time job of being a Pit Bull advocate and educator. And I work a minimum of 50-60 hours per week because there's so much to do. HOW does one get to a place

where she becomes a full-time PBTDS advocate you say? Here's my story.

In 2002, I got my first PBTDS. I was pregnant, and my husband and I wanted a dog that was athletic, good with kids and smart. So, after a lot of research, we decided that we wanted a Pit Bull. I wasn't in animal welfare back then. In fact, I'm not sure I had even stepped foot in a shelter at that point in my life. I knew nothing about the problems with pet overpopulation and knew even less about the problems surrounding these dogs. With absolutely zero knowledge, we went to a backyard breeder and bought an adorable puppy. We picked him up at the standard 6 weeks thinking we would live happily ever after. Boy, were we wrong!

**"Aren't you afraid it's going to eat the baby?"**

My in-laws didn't speak to us for two years. Remember, I was pregnant at the time, and this was to be their first and only grandchild. But they refused to talk to us unless we got rid of our dog. My parents' first words were, "Aren't you afraid it's going to eat the baby?" We weren't, and so they agreed to meet our new little puppy that was now named Capone. When my father saw the wrinkly little bouncing bundle of energy, he said, "This is what all the fuss is about?" Exactly, Dad. It's just a dog.

Capone grew up to be a big, strong, handsome dog. He was very muscular and had that typical blocky head. As he grew up, we would take him to the park with our new daughter. At first, she loved bringing Capone along because it meant the whole park would clear out, and she could play on whatever she wanted. But when she got a little older, she asked us not to bring Capone anymore because she wanted to try to make friends but couldn't since everyone would leave. This was heartbreaking for us because Capone loved everyone he met. Always. He lived to make new friends. If he would have been able to understand that he was the reason Bella had no friends, he would have been devastated.

Fast forward many years of living with people moving to the other side of the street as we approached on walks, peo-

ple yelling out obscenities at us, people publicly telling us what neglectful parents we were for letting our child near a dog like Capone and people being afraid to visit our house. All of this was because of a dog that had never done anything wrong to a soul; all because of a dog that never met a human he didn't like; all because of a dog that looked a certain way, and that was the only reason people shunned or avoided us.

By 2008, I had learned why getting Capone from a breeder was an awful thing. I learned about the millions of homeless animals in our country. I learned why spay and neuter is so important. I learned about the confusion, misinformation, discrimination and fear surrounding PBTDS firsthand. I endured it every day for 6 years. I needed to do something about it. I needed to help other Pit Bull-type dog owners who were going through what I was. I needed to educate people about the homeless pet epidemic in our nation, especially with Pit Bulls. I needed to facilitate as many spays and neuters as possible to help control the population. But mostly, I needed to get to as many people as I could and help them overcome their confusion, lack of knowledge and fear of these dogs.

I started an organization in 2008 called the Brew City Bully Club. With the help, dedication and work of so many people—volunteers, donors, local businesses, veterinarians and people who truly care about animals—my dream and my passion is a reality. We've done all that I set out to do and more. Are we changing minds and hearts? Some, yes. But we still have a long way to go. Some days, do I wonder why I'm still doing this? Absolutely. Am I ever going to give up? Not on your life or the lives of so many wonderful PBTDS that want to be friends with everyone. Just like Capone did. I'm in this for them, and if you have any doubts, questions or concerns about Pit Bull-type dogs, then let's talk. I won't try to shove my ideals on you. I will listen to what you have to say and talk through whatever doubts, fears and negative feelings you have regarding them. Because if you had met Capone, you wouldn't have any doubts that he and Pit Bull dogs like him are worth every effort.

**THE P WORD**

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1. The P Word
2. Advocating for the Underdog
3. Compassion in Action
4. Dogfighting 101
5. Science of Dogs



# The GREAT Volunteer Search is On!

FETCH is looking for a few good folks to feature in the winter edition. If you know someone that deserves to be recognized for all their hard work for animals ... this is their time to shine!

*Submit nominees online.*  
Go to [www.fetchmag.com](http://www.fetchmag.com), click on the *FETCH Extras* tab and scroll down to *Contests*.

Five nominees/finalists will be selected by FETCH staff and put in the winter edition for final voting by YOU (FETCH readers)!

Winner gets a gift package from FETCH Magazine!

Deadline to submit is Nov. 15, 2019.





# The Great Pretender: Hypoadrenocorticism

BY KERRI WIEDMEYER, DVM, WVRC

**H**ypoadrenocorticism, otherwise called Addison's disease, occurs when the adrenal glands are not making the hormones mineralocorticoids and glucocorticoids. Mineralocorticoids regulate electrolytes such as sodium and potassium in the body. Glucocorticoids, such as cortisol, are necessary for proper metabolism of fats, proteins and carbohydrates.

## How does Addison's disease occur?

Primary Addison's disease occurs when the adrenal gland is destroyed when the animal's immune system attacks it. This immune system attack can be set off by many things like cancer, trauma or a vascular event. Secondary Addison's disease occurs when the pituitary or hypothalamus are not signaling the adrenal glands to release hormones. This can be because these parts of the brain are diseased due to a congenital defect, inflammation or cancer.

## Who commonly has Addison's disease?

Addison's disease typically occurs in younger to middle-aged dogs. It is also more common in females but can occur in males. Some breeds that are predisposed include Labradors, Retrievers, Standard Poodles and Collies.

## What are warning signs of Addison's disease?

Clinical signs of this disease are the waxing and/or waning of vomiting, diarrhea, weight loss, lethargy, weakness, anorexia and shaking. In an Addisonian crisis, the animal will possibly have low blood pressure, a low heart rate, dehydration, collapse or be in shock.

## How will your veterinarian test for Addison's disease?

- **Chemistry panel:** This test shows increased kidney values, elevated potassium and low sodium, low protein levels, low cholesterol, low glucose and high calcium.

- **CBC:** This test shows a lack of stress changes which typically cause an increase in neutrophils and monocytes and a decrease in lymphocytes. A mild anemia may also be shown.

- **Baseline Cortisol:** This test will be low, indicating lack of cortisol in the blood.

- **ACTH stimulation test:** This test is the disease-specific test used to verify a diagnosis of Addison's.

## Why is Addison's disease called "The Great Pretender"?

The changes that can be associated with Addison's disease can be misleading; results from the previous listed tests may actually be interpreted as other diseases, as listed below.

<i>Abnormalities Associated with Addison's Disease:</i>	<i>Other Possible Causes:</i>
Low Blood Glucose	Toxins, Sepsis, Cancer, Kidney Failure, Starvation
Elevated Kidney Values	Dehydration, Kidney Failure, Urinary Obstruction
Electrolyte Changes	Kidney Failure, Vomiting and Diarrhea, Pyometra, Parasites, Diabetes, Toxins
Low Heart Rate	Cardiac Disease, Toxins, Medications
Low Blood Pressure	Dehydration, Cardiac Disease, Shock, Toxins, Trauma, Hemorrhage
Vomiting/Diarrhea	Dietary Indiscretion, Gastroenteritis, Pancreatitis, Toxins, Metabolic, Cancer, Parasites

Waxing/waning signs alone can cause confusion for both owners and veterinarians as to what could be causing the clinical signs.

## How do we treat Addison's disease?

If an animal experiences an Addisonian crisis, they will enter a stage of intense difficulty and require emergency care. Typically, intravenous fluids, injectable steroids, GI medications and antibiotics are used. Blood pressure medications and plasma may also be warranted in severe cases.

Pets with Addison's disease will require lifelong treatment with medications; these drugs will substitute the mineralocorticoids and glucocorticoids that their body is not producing. To substitute the mineralocorticoids, pets have two options: fludrocortisone, a daily oral pill or DOCP, an injection that is required every 28 days. To substitute the glucocorticoids, an oral pill called prednisone is typically used daily.

## Should I worry if my animal has Addison's disease?

If your animal is diagnosed with Addison's disease, don't fear. The prognosis is overall good with continued treatment and close monitoring.



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# THE MAGIC of Pet Ownership

BY TIFFANY L. MITCHENER, DVM, FREELANCER

**A**s a veterinarian, I spend a lot of time focusing on the health of pets. My days in practice are spent talking with owners about the details of their pets' daily lives, from appetite to exercise to sleep patterns. I imagine that my colleagues in the human world—general practice physicians—do the same with their human clients. But I wonder how many physicians ask their human clients whether they are pet owners. There is an emerging relationship between pet ownership and human health. Surprisingly, there are numerous ways that pets can enhance their owners' health. New research is beginning to uncover our pets' unique, almost magical, abilities to improve our own quality of life.

## Owning a Pet Enhances Mood, Improves Overall Health

As many pet owners already know, it can feel good to own a pet. The warm greeting at the door supplied by a dog who is thrilled to see you can erase the memory of a difficult work day or a long commute. The warmth of a cat curled up on your lap as you watch TV or read a book can be the very definition of “home” for some people. But the benefits of pet ownership go deeper than emotion. Animals really can improve their owners' moods on a physiological level. They are, in fact, natural mood enhancers. Studies have shown that the simple act of being near an animal can decrease the stress hormone cortisol in a human patient and increase serotonin, a chemical often associated with the feeling of well-being. Pet owners have lower blood pressure and resting heart rates than non-pet owners. The levels of cholesterol and triglycerides in the bloodstream are lower in people who own pets; in fact, pet owners, in general, have a lower risk of dying from cardiac disease. Children who grow up in a home with a dog or a cat are less likely to develop allergies later in life. Dog owners, in particular, are more physically fit than non-dog owners. This is attributed to having a built-in exercise buddy. Dog owners are much more likely to obtain at least 30 minutes of daily exercise, often in the form of a daily walk with their dog. Interestingly, medical research has shown that cat owners have fewer strokes than

non-cat owners, but researchers have not yet been able to figure out the reason for this correlation. Obviously, there are numerous health benefits from sharing your home with a cat or dog.

## Therapy Dogs Help Owners Both Mentally & Physically

People suffering from specific diseases can benefit from animal companionship as well. Most everyone is aware of the benefits a seeing-eye dog can have for a blind person. This guide dog can promote independence in a person with a visual disability. A person with Parkinson's disease is aided by a therapy dog who is trained to assist with balance and support, picking up dropped items and turning lights on or off in a room. Not all conditions require a trained therapy dog; there are benefits from simple dog ownership. For example, women suffering from osteoporosis can benefit greatly from a canine companion. The daily walk encouraged by a dog helps these women perform weight-bearing exercise that strengthens bones and muscle. Additionally, walking outdoors will expose women to sunlight, which can increase vitamin D levels in their bodies.

Children diagnosed with attention-deficit hyperactivity disorder (ADHD) can benefit from pet ownership. The responsibility of feeding, grooming and cleaning up after a pet can encourage the child's organizational skills. Play time with the pet can help to release extra energy. The unconditional love supplied by the animal can boost the child's self-esteem. Autistic children can benefit from sensory integration activities that involve holding or petting an animal or even riding a horse.

Since July 2008, the Veterans Administration Medical Center in Palo Alto, California, has pioneered the program Paws for Purple Hearts. This innovative program has been working to pair soldiers suffering from Post-Traumatic Stress Disorder (PTSD) with future therapy dogs. The soldiers spend hours training the dogs who will ultimately assist physically disabled veterans. There is early evidence that the



# Magic Tricks For Dogs

BY EMILY HESSE, FREELANCER

**A**utumn has arrived in Wisconsin, and that means Halloween is just around the corner. It's the perfect time of year to have a little fun and play some tricks on your pets. We all know venturing out to admire the fall foliage, sipping some hot cider and going out to pick some pumpkins are must-do's on our fall fun list, but why not switch up the routine this year? Try adding some little games for you and your four-legged friend to that list. Whether you are playing tricks on them to fool them or simply trying to entertain your friends, here are some tricks that are sure to get your pupper's tail in a twist. After all, they love tricks and treats as much as we do.

## What the Fluff?

If you have been on social media at all the last couple of years, then you may already be familiar with the Internet craze known as the "What the Fluff" challenge. This trending prank takes a new spin on the classic now-you-see-it, now-you-don't concept. In this scenario, the human is the "it." This trick starts with a blanket, an owner with a sense of humor and one gullible dog. Hold up a blanket of some sort, making sure that your body is completely hidden. With the dog watching from a distance, shake the blanket a couple times to let the dog know you are there. After a few seconds of making sure the dog knows you are there, suddenly drop the blanket while stepping away fast enough to make it seem like you have completely disappeared. In reality, you've just run to hide behind a wall or door, but as far as the pet is concerned, they are most often left confused and dumbfounded by what just happened. Be sure to re-appear soon enough to let your pooch know you haven't disappeared from his or her life forever.

## Hidden Treasure

When it comes to taking care of our pets, we want to make sure they get the proper care they need. Some-

times, this includes giving our dogs medication, though they resist to the extent that they can. As some of us know, getting our dogs to take medication, especially when it's in pill form, is anything but easy. Who wants to eat a tasteless, dry pill? For some dogs, simply mixing the medication into a bowl of food does the job quite well, but for others it takes a little more creativity and persistence. One method is to try tricking your dog into thinking he or she will get a series of treats. It helps to use small bits of human food for this plan to work, and cheese is usually a solid option. Give your pupper the first chunk of food pill-free so he or she gets a taste for the cheese on its own. By the time the second treat comes around, hopefully your dog will be convinced it's just getting spoiled and being allowed endless treats and will consume the next one without hesitation. If Fido is too wise and gets the hint that you may be pulling a fast one on him, then quickly follow up with a third treat before he even knows what hit him. It's a classic trick, and most times it works out in your favor.

## Where's the Treat?

Just like the old cup-shuffling magic trick we loved to play on our friends as kids, so you can play a hidden treat game with your dog. Place a treat under one of three cups on a flat surface making sure your dog knows which cup the treat is under to start, and shuffle the order of the cups around. Have your pet choose which cup hides the tasty treat. Does your dog have a keen sense of smell to sniff out the winning cup, or is Fido just that smart? Find out by trying this classic game.

## The Name Game

This last trick is by no means anything difficult, but it's nothing short of funny either. The next time you're really bored and feel like pushing your dog's buttons, try calling him or her by a random name. In order to get a better reaction out of your dog, it helps to say his or her actual name a few times before randomly throwing in a fake one. Using a human name is arguably the funniest option. This doesn't work for all dogs, but for the ones it does, the head-tilting and confused reaction that follows is sure to give you a little laugh.

It's all fun and games until your dog grows tired of your shenanigans, so be sure to give your dog the prize they deserve. A trick and a treat is sure to keep your pup happy and entertained this fall.





profit to train service dogs for families facing the many challenges of autism.

"I found some people who were passionate about disabilities and helping the community, and a year later in January 2019, I, Tamara Pool and Deb Trcka formed a board, and it all officially started. Katie Shaw recently joined and has been helping with the organization as well," she says.

The goal, according to Hintzman, is for the dogs to become the children's best friend, anchor and safety net. The canines provide companionship, giving the child confidence that they are not alone. The dogs can also help them stay present and focused.

"For children who are not verbal, the dog is their voice," she notes.

Pawsitism is funded through local donations, but the organization is also pursuing grants, sponsors and donors to help it grow. It is 100 percent volunteer-run.

"We are always looking for people who are interested in becoming puppy raisers to care for the dogs for 18 months while they train for their roles," Hintzman says. "We also have puppy sitter opportunities along with service dog training opportunities."

It takes a village to care for, feed and train the dogs. Area veterinarians, groomers, food suppliers and many other businesses support the organization with free care and nutrition for the dogs. Meanwhile, future goals include outings on planes, trains and automobiles for the pups.

"We're planning trips to Chicago on the train and want to practice flying to New York. We need to find an airline to practice on," Hintzman says.

Wink, wink.

**For more information,  
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# OFF-THE-LEASH



## Doodles To Details With Ken Young

**K**en Young (from Ken Young Creative) went from being scolded for drawing during class time as a youngster to a professional graphic designer with his own business. But the real passion that drives Young is his pencil drawings of pets which bring tears to their owner's eyes. According to Young, it all officially began back in his college years when he attended MATC (Milwaukee) for Commercial Art and worked on the school newspaper, the MATC Times, as their graphic editor.

"It was during those 3 years that I created countless numbers of pencil portraits for the newspaper, especially for the many different speakers that they brought in to the school. Politicians, comedians, writers, musicians—you name it. My drawings improved over those years, and I became rather good at drawing portraits."

### What do people think of your art? Why pets?

My customers are so grateful for my drawings. Most times I see tears weld up in their eyes, and they tell me how touched and moved they are with the drawings I've created. That's what's amazed me the most. **The emotional effect that my drawings bring to people is the best part of what I do.** I was drawing pets (mostly dogs) in the very beginning (40 years ago).

Somewhere about that time, I was displaying my drawings at a craft show when a woman in a two-baby stroller pulled up and said, "I really want you to draw my babies."

Naturally, I was thinking she meant her two baby children in the stroller. But she pulled out her purse to show me a photo of her two dogs. That's when I knew dog drawings would be a larger market for me. I draw twice as many dogs as I do people. And through the years I've come to understand why. Dogs are members of our families. I truly believe that. And sadly, they are not here with us long enough. Maybe 10 to 15 years if we're lucky. But the love for their dogs is just as strong as the love for our children and grandchildren.

### Do people prefer this medium over others?

Yes. I only draw my detailed pet portraits in pencil. The advantage of that is because I have drawn so many now, I am able to do draw them a little faster. It used to take me about 8 hours to draw one dog portrait and because of that, I had to charge \$300 per drawing. Today my drawings only take me about 4 to 5 hours, so I can charge \$150—a lot more affordable for people.

### What are your more memorable drawings?

A woman that I had done a dog drawing for still tells me "if we have a fire in our house, that drawing is the first thing I would grab off the wall as I run out the door." I've also done five different German Shepherds for a woman who wanted each one as a large 16" x 20" drawing. It's kind of spooky because it threads through her whole house and each one is backlit. These aren't dogs, but I was once approached by a woman who had nine adult children scattered all over the country, and she could never get them together for a family photo—so she had me draw all of them together! And that's something she could never have accomplished.

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## CAT CORNER



# Fox River Valley Cat Club

BY CHERESE COBB, FREELANCER

Whether you're a cat connoisseur, a crazy cat lady in training or a dog person transitioning into a cat person, the Fox River Valley Cat Club (FRVCC) can help you publicly proclaim your "cat-mance" to the world.

The half-century-old organization has 15 to 20 members. Their motto: care, advocate, teach and share. For their Paws to Talk About Claws initiative, they're teaming up with Almost Home Kitty Rescue in Neenah, Wisconsin to educate the public about the dangers of declawing, such as infection, tissue death and lameness.

"Honestly, there isn't a lot of representation for cats," says Olycia Larson, one of the club's household cat exhibitors. "When we're at the WBAY (Green Bay) and Winnebago Pet Expos, we get a lot of comments about, 'Oh, I didn't know that something existed for cat people like us.'"

Part of the American Cat Fanciers Association's (ACFA) North Central region, the FRVCC organizes two cat shows every year. The first is a Household Pet show, held in the spring. "It's a small show. This year, we only had 25 cats and several of them were 4-H based," says Barb Steele, the President of the FRVCC. "The judges look at the household pet's personality—not necessarily breed standards." No points are awarded.

The second is an American Cat Fanciers' Association Pedigree and Household Pet cat show. "We usually have cat owners from six or seven states show up and eight different judges from around the United States," Steele says. "A couple

of years ago, we had a couple from Florida when there was a hurricane. They had no power, but they still got up here to attend our show."

While there aren't any breeders in the club, half of the members show cats. Larson exhibited her barncat named Khan for four and a half years before retiring him. "The most challenging part of being an exhibitor is traveling. You have to figure out the logistics of having a cat in a hotel room because they don't normally behave as well as a dog does," she says. "We've had a few people have to take apart beds or get behind fixtures or furniture to get their cats out because they squeezed into those places."

Becky Markvart has been a member of the FRVCC for three years and currently owns one Maine Coon and nine Ragdolls. "I showed my Maine Coon for two seasons. We call him Princess because he cries at every little thing," she says. "He hates baths and being combed. He decided that he didn't like being shown anymore. He's very happy to be retired."

Markvart started showing her Seal Bicolor Lynx Point Ragdoll, Duncan, at 6 months old in Wisconsin, Indiana, Missouri and Minnesota. "You can only show kittens from four to eight months old. Duncan ended up being the sixth-best kitten in North America," she says. Though he was diagnosed with seizures before his first birthday, last year he was the sixth-best alter in North America and the year before that, he was ninth-best. "That's how I ended up meeting a lot of the AFCA cat people. I didn't know much about all the different breeds," she says. "You get to learn about what makes each breed different from the other and how to tell a good representation of the breed from a bad one."

If you're interested in joining the FRVCC, please call (920)-979-3427, or visit [foxrivervalleycatclub.com](http://foxrivervalleycatclub.com).

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## THE MAGIC OF CBD

# CBD OIL FOR CATS & DOGS: How Magical is It?

BY CHERESE COBB, FREELANCER

**H**ayden, an 11-year-old Rat Terrier, doesn't like loud noises. At the first rumble of thunder or pop of fireworks, she shakes so badly that everything around her vibrates. She also drools and leaves puddles wherever she's hiding.

Before Anna Cabal adopted her from the Rat Terrier ResQ in Arkadelphia, Arkansas, she'd been seriously burned by her previous owner. She was septic and had little to no skin left on her back. "Then, last August, Hayden went to the vet for a teeth cleaning and had to have some mast cell tumors removed. The prolonged time in surgery on the heating pad caused secondary thermal burns, and her skin reopened," she says. "I spent ten months with the vets using creams, ointments and dressings of all kinds, but a small, dime-sized opening still persisted."

Nine months ago, Cabal found a way to close her dog's wounds within three weeks and control her noise anxiety: cannabidiol (CBD)—a cannabinoid that can be extracted from cannabis—which includes hemp and marijuana.

### What Type of Drug is CBD?

"CBD is considered a Schedule 1 drug, but it's legal in all 50 states," says Karen Eckert, the founder of My Organic Hound in Holmen, Wis. It's thought to be able to prevent epileptic seizures, reduce chronic pain and ease separation anxiety, but unlike cannabis' other main compound, delta-9-tetrahydrocannabinol (THC), it doesn't get users high.

Marijuana and hemp are actually both varieties of the same plant species *Cannabis sativa*. "The analogy that I always give is that a Pit Bull and a Chihuahua are the same species of dog. But, of course, as you know, they look very different," says Andy Gould, the co-owner of Wisconsin Hemp Scientific LLC in Sussex, Wis. "One is small and cuddly. The other is also cute but can be perceived as fierce-looking and bigger."

"Marijuana produces a higher amount of THC and a lower amount of CBD," Gould says, "and in hemp, you kind of see the reverse of that." According to the Wisconsin Department of Agriculture, Trade and

Consumer Protection, hemp is only allowed to have a THC concentration of 0.3 percent in all parts of the plant when it's been dried—or it's considered marijuana.

Once hemp has been harvested though, it begins to break down. Sunlight can cause the tetrahydrocannabinolic acid (THCA) in CBD oil to release carbon dioxide and become THC. High humidity can also make hemp flowers moldy or taste like ammonia while low humidity can cause them to crisp up and dry out. Refrigerating CBD oil can produce bacterial growth, so keep your pet's CBD oil at room temperature. If it changes color, it's probably damaged and should be tossed out.

### What Type of CBD Should You Use?

"It's very important to get your CBD oil from a trusted source," says Dr. Megan Teiber of Indian Prairie Animal Hospital in Aurora, Illinois. "We can't be sure that all products are pure and don't contain more THC than claimed or other toxic





ingredients like pesticides, fungicides or heavy metals." If your cat or dog ingests secondhand smoke or marijuana edibles such as brownies or pot butter with other toxic ingredients involved such as chocolate, raisins or xylitol, it could result in severe cannabis intoxication or even death. Cats might also eat the marijuana plant. Symptoms of cannabis intoxication include severe agitation, hyperexcitability, tremors, seizures and coma. They usually start within 30 to 60 minutes of oral ingestion but can last for up to 96 hours.

The U.S. Food and Drug Administration hasn't approved CBD or issued a dosing chart, but recent studies suggest that it doesn't pose a risk of addiction and generally causes few side effects. CBD may result in dry mouth, low blood pressure or slight drowsiness and may alter the metabolism of other drugs. Cats can also possibly accumulate hemp oil in their livers. "For cats, what I tell people is one drop a day. That shouldn't harm them because over time it does stay in their systems," Eckert says. "On the CBD dropper, there are measurements like a quarter or a half. Regardless of your dog's weight, start with the smallest amount...a quarter, morning and night." If you don't see the results that you're looking for, then you can slowly increase it, confirms Eckert.

"There's a lag between when you take it and when it starts working: 30 minutes to 2 hours," Gould says. When CBD oil is rubbed on your pet's gums or given as a suppository, for instance, it reaches the brain pretty quickly. But when it's added to water or baked into treats, it takes longer. Before it reaches your pet's bloodstream, CBD gets metabolized in the liver, which inactivates some of it, meaning the amount that gets to the brain ends up being much smaller than the amount that's ingested.

"Every pet's body has a slightly different chemistry," he says. "A lot of



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the CBD products that are marketed as pet products are not that different from human CBD products. The only difference is that sometimes there are certain ingredients that aren't good for pets like peppermint, citrus or tea tree oils."

## Does It Really Work?

Crude CBD oil is roughly the color and consistency of maple syrup, but some pets hate how it tastes. "We have freeze-dried chicken treats, and I just take the dropper and saturate them with it," says Debbie Mayer from Milwaukee, Wisconsin. When she brought home Kolby from JR's Pups-N-Stuff in West Allis, Wisconsin, he couldn't even get up. Mayer was told that Kolby wouldn't live very long when she adopted him.

"We gave him some CBD oil. After two doses, he was able to get up." Since then, two and a half years have passed. "He's really an old man, but he can run again at full speed in the backyard," she says. "CBD oil can be a little bit pricey depending on the dosage, strength and whether or not it's organic," she says. A one-ounce bottle can cost anywhere from \$30 to more than \$200, but "it's worth it because it's a life-changer for both people and animals."

Janice Klein from Onalaska, Wisconsin adopted Ruby from a private

home. After Klein broke her ankle, she couldn't take the Maltese-Poodle mix on walks or to the bathroom. Ruby barely ate and would whine, pace and bark during thunderstorms. "Ruby was anxious and had a difficult time...in my home because of my ankle surgery and my husband's death at the same time," she says. "A year ago, I hired a dog walker and sitter for a period of time. Her name was Karen Eckert and, she was from K9 Pet Care LLC. She introduced me to the oils." Klein started squirting a drop of CBD under Ruby's tongue.

"She's more energetic and a great companion. She acts more like a young dog instead of the 11-year-old that she really is," she says. "When she meets new people, they think she's just a young dog and not her senior age."

Eckert suggests applying CBD oil to the base of your dog's ears with a fast-acting gel pen. "It works in 10 or 15 minutes," she says. "I use it with animals during thunderstorms, fireworks, car rides or something they're not very happy with [like a trip to the vet]. It lasts up to 4 hours, and you can give it to your dog six times a day."



# K9

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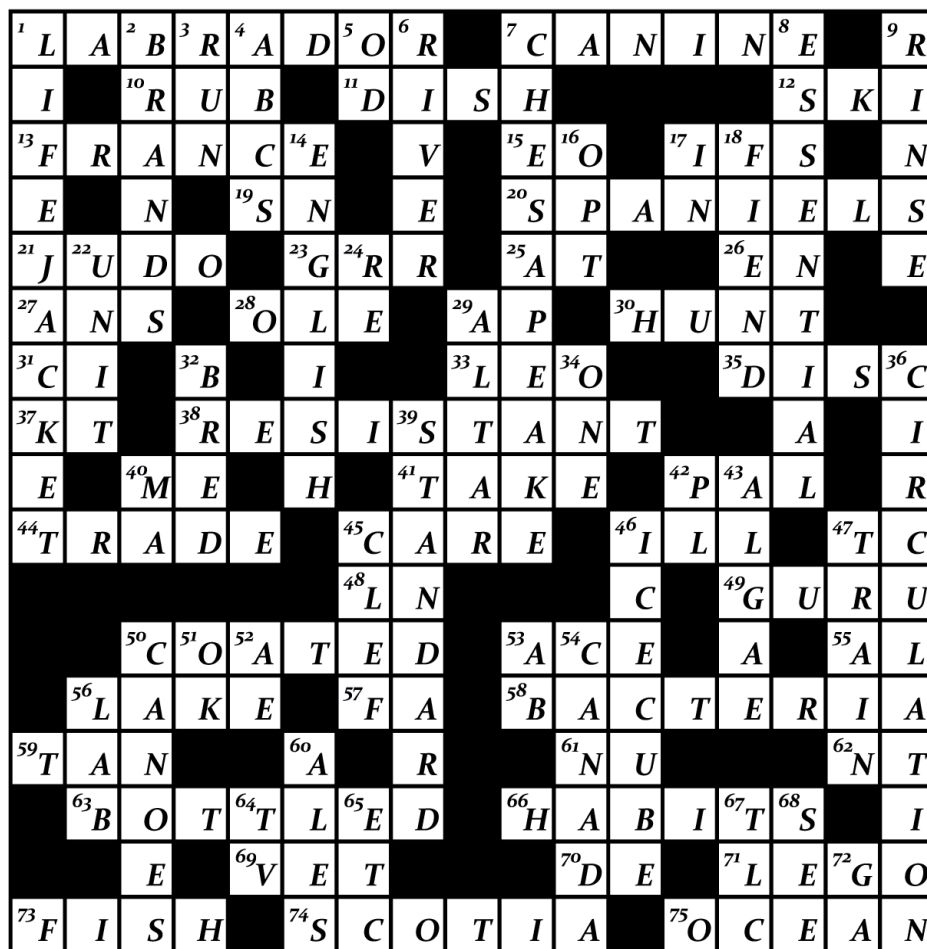
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# CELEBRITY PAW PROFILE



BY MANETTE KOHLER, DVM, FREELANCER

**W**hat is a hero? Do images of people in uniforms come to mind? People risking death to save others? *Merriam Webster Dictionary* defines a hero as “a person who is admired for great or brave acts or fine qualities.” According to Wikipedia, the word hero comes from the Greek word *heros*, meaning protector or defender. One need not wear a uniform or even be human, however,

to be a hero. In fact, some of the most fascinating heroes wear fur.

Canines have lived alongside humans for thousands of years with some of them attaining hero status in a wide assortment of roles. They’ve assisted soldiers on battlefields, sought out trapped individuals as part of natural disaster response teams, apprehended suspects alongside police, served as service dogs for people with disabilities and comforted humans during times of stress. According to the American Humane Hero Dog Awards, an annual campaign that recognizes heroes on both ends of the leash, even a shelter dog can be a hero simply by brightening the lives of those who gave them their second chance.

This is a story about a beautiful and dedicated Labrador named Kannon, one of 21 deserving semifinalists in the 2019 American Humane Hero Dog Awards. Now in its 9th year, the Hero Dog Awards recognizes America’s Hero Dogs, often ordinary dogs doing extraordinary things. The dogs compete in seven different categories including Law Enforcement/Arson Dogs; Service Dogs; Therapy Dogs; Military Dogs; Search and Rescue Dogs; Guide/Hearing Dogs and Shelter Dogs. Kannon is a guide dog for her owner, Patty Zallar, of Madison, Wis., who is legally blind with no vision in her left eye and limited tunnel vision in her right eye. “Her sophisticated Japanese name reflects the true meaning of the treasure she offers,” says Zallar. “It means ‘Observing for others, the sounds and cries of the world.’”

Zallar nominated Kannon because she wanted the world to know just how special she is and that she represents something bigger than just fulfilling her role as a guide dog. “Kannon is my hero, the bright light guiding me on the path of life,” explains Zallar. “She empowers me to make a difference in the world. Together we stand up for compassion, diversity, justice, inclusion, solidarity, unity and peace,” Zallar adds.

With Kannon’s help, Zallar advocates and educates about leveling the playing field so individuals who are blind or visually impaired can access the world. She also gives a presentation titled “Seeing A Day Through The Eyes of Patty and Kannon.”

On a more personal level, Kannon provides Zallar with confidence, independence and courage, opening doors of opportunity to survive and thrive in the sighted world and helping Zallar step outside of her comfort zone and try new things. Kannon is from Leader Dogs for the Blind, an organization that is 100 percent philanthropically funded by individual donors, Lions Clubs, corporate partners and foundations. Leader Dogs for the Blind believes that everyone deserves a life of independence and mobility, and all their services are provided free of charge.

Kannon, like most dogs, lives life to its fullest. When not working, she loves long walks, playing with sticks, football, frisbee, eating treats (carrots are her favorite) and snoozing on the couch (aka Kannon’s throne). She also really loves her daily grooming sessions with Mom. Zallar is a busy woman who wears many hats, and Kannon assists her in her activities and duties. She is proud of her work with Madison Evening Lions and currently serves as president. “I created, organized and implemented ‘Lions Save Sight Night’ at the Madison Mallards, a collegiate summer league baseball team,” says Zallar. This event raises awareness of sight-related issues as well as the Lion’s Club, the largest service organization in the world.

Sadly, Kannon did not move on to the 3rd round as a finalist in the Guide/Hearing category, but she is still Zallar’s hero in every sense of the word. For more information on the American Humane Hero Dog Awards or the Leader Dogs for the Blind, please see the following links:

<http://herodogawards.org/>  
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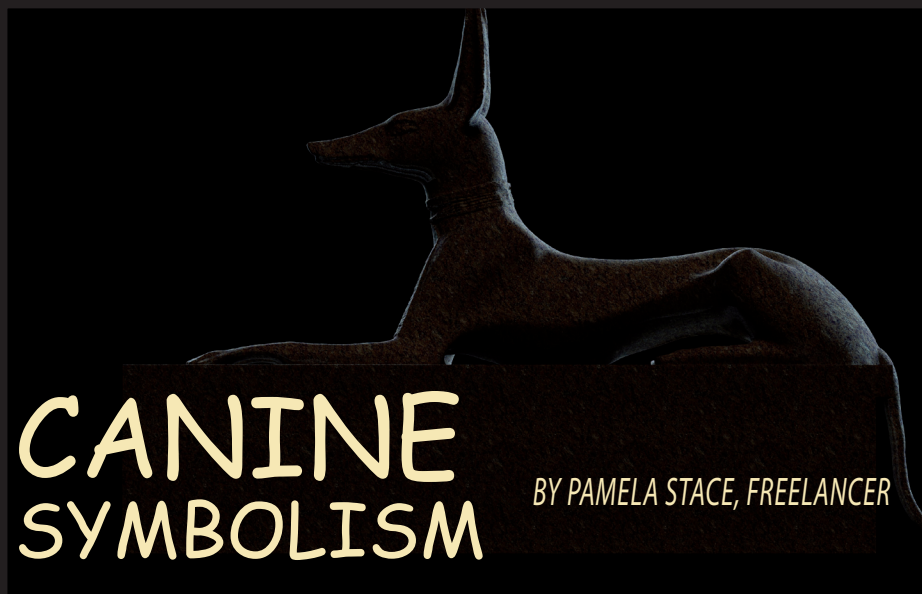
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# CANINE SYMBOLISM

BY PAMELA STACE, FREELANCER

**F**or as long as we humans have lived with domesticated dogs, they have figured prominently in worldwide folklore and symbolism. From ancient times right up to the present, humans have kept and loved dogs for basically the same reasons. World cultures vary, but there are several canine qualities that over the centuries have been especially valued and mythologized.

## Fidelity

Fidelity and faithfulness are closely tied with companionship and unconditional love. In many Native American cultures, when dogs expressed devotion to their owners with unconditional love, it was symbolic of loyalty to truth and being true to oneself. They also believed that dogs can reciprocate behaviors that they see in humans, responding to love with good fortune and abuse with catastrophe.

In the Middle Ages, black and white dogs came to symbolize members of the Dominican order. Dominicans wore black and white robes and were devoted to preaching the gospel as the only truth. They were referred to as *Domini Cane*, or “Dogs of the Lord.” Married women were often depicted with dogs in Renaissance paintings in order to signify their faithfulness. In the *Odyssey*, when Odysseus comes home after

20 years, his faithful dog Argos is the only one who recognizes him. And of course, think of the most popular dog name of all time, Fido!

## Guardianship & Guidance

The concept of the watchdog is not new! To early Christians, dogs were symbols of guardianship, and a dog was an allegory for a priest. In Japan, statues of dogs in front of temples represented divine creatures that would prevent the impure from entering.

In Greek mythology, Cerberus, a three-headed dog, is the guardian of the underworld and an intermediary for human souls. The three heads symbolize the past, the present and the future. Cerberus’ Norse parallel is Garmr. Ancient Celts believed their dogs guarded their roads and as keepers of spirits, could safely guide the dead to the underworld. Anubis, a jackal-like Egyptian god was the guardian of hell and god of ancient secrets and hidden treasures. Ancient Romans kept dogs, and *cave canem* (beware of dog) was a popular warning for would-be trespassers. Dogs were said to guard Roman citizens from the evil goddess, Trivia, who preyed upon travelers at crossroads.

In Celtic and Norse mythology, dogs were considered semi-divine and provided after-life protection and

healing. In ancient Mesopotamia (where dog collars were first invented), people wore or carried amulets with depictions of dogs and placed dog figurines outside their front doors for protection.

Many ancient cultures, including Native Americans, Greeks, Egyptians and South Africans considered dogs to be visionaries, able to sense things outside the physical realm and relay warnings and messages. Of course, there are many people today who also believe that dogs have an extraordinary sixth sense.

## Companionship & Service

Dogs have always been appreciated for their companionship, but they have also been part of our lives through work and play. As is the case today, different kinds of dogs were suited for different kinds of tasks or activities. Hunting was and still is a way that dogs work with humans. The Celts believed that dogs always accompanied their heroes, gods and goddesses. In Greek mythology, Artemis hunted with her dogs, and the dog Sirius was always at his master Orion’s side.

Egyptians didn’t only love and worship cats, they also kept pet dogs, which they associated with Anubis. If they could afford it, Egyptians would mummify both their dogs and cats, and, when in mourning for them, would shave their eyebrows. Egyptians also worshipped the Dog Star Sirius, which they believed, by its position in the sky, could predict the flooding of the Nile.

## Dogs as Healers

The healing abilities of dogs have long been recognized. Ninisina, the Mesopotamian goddess of healing and medicine, was symbolized by a dog. In Medieval times, dog saliva was thought to heal sores. Today, countless dogs work in therapy and personal assistance.

In the book “Medicine Cards: The Discovery of Power Through The



# FOLKLORE & LEGENDS

## 4 CAT & DOG Cryptids That Might (Or Might Not) EXIST

BY CHERESE COBB, FREELANCER

“All of these creatures are cryptids—or whatever you want to call them—and have some element of danger about them,” says Linda Godfrey, the author of “I Know What I Saw” and the reporter who first covered the “Beast of Bray Road” for *The Week*, a now-defunct newspaper based in Delavan, Wis.

“We could say, ‘Oh, they’re ghosts or abnormal creatures, but we really don’t know what they are.’ From a creature that’s more wolf than human to a quilled bobcat-like beast that’s cork-high and bottle-deep, here are four cat and dog cryptids that might (or might not) exist.

### The Beast of Bray Road

“When you use the word ‘werewolf,’ people think of the medieval days when they were out killing hundreds of sheep and shepherds and being executed during the werewolf trials,” Godfrey says. “Or the early Hollywood movies where Lon Chaney [in “The Wolf Man”] is seen completely bone for bone, muscle for muscle, metamorphosing, and he’s able to keep his clothes on.”

The Beast of Bray Road is the most famous modern American werewolf. In 1936, it was discovered by Mark Schackelman, a security

watchman at a Catholic facility for the mentally disabled on a rural road outside of Jefferson, Wis. It was digging at a Native American burial mound with his long-curved fingers. It smelled like decaying beef.

After a short standoff, the shaggy creature with glowing yellow eyes bolted into the woods, but Schackelman encountered it the next night. The Manwolf uttered what sounded like a word: “ga-da-rah.” Schackelman thought “that damned thing came straight out of Hell.” Six decades later, he revealed it to his son Joe, the editor of the *Labor Paper* in Kenosha, Wis.

“There’s more than just one single animal because people all over the United States and Canada have seen different colors of fur and different heights,” Godfrey says. “The large majority of them—I would estimate maybe 90 percent—are pretty consistent with something that looks like a gray wolf or a German Shepherd. They walk and run on their thick and muscular hind legs using their toe-pads—not flat-footed like a human or Bigfoot would do.”

While the Beast of Bray Road attacked one man in Quebec who was scratched deeply on his hip and side, it doesn’t seem to want to hurt people. If people are meeting on a trail or driving in the car, it sneers or sends a mental message, such as “I’m angry that you saw me,” or “You can’t catch me.” “They seem to be very territorial,” Godfrey says. “They want to be left alone to hunt... or in some cases, they’re interested in the fear emotion that people are having.”

### The Demon Cat

Whether it’s the voice of John Quincy Adams shouting “No!” near the Speaker’s Lobby, or William Preston Taulbee who was shot by a reporter from *The Louisville* (Kentucky) *Times*, moaning in the

stairwell, “the Capitol at Washington is probably the most thoroughly haunted building in the world,” Arthur Reeve writes in “The Best Ghost Stories,” published in 1919. “Not less than fifteen well-authenticated ghosts infest it. Some of them are of a more-than-ordinarily alarming character.”

Over the last 226 years, the Demon Cat (nicknamed D.C.) has captured the public’s imagination. It prowls the U.S. Capitol Building with its echoing passages and obscure nooks and crannies. It also sleeps in an empty basement crypt, originally designed to house the remains of President George Washington. “When first seen, the Demon Cat is just an ordinary tabby but rapidly assumes gigantic size,” Mike Rosenwald writes in the *Washington* (Washington, D.C.) *Post* in 1935.

“The eyes of this elephantined alley trouser are supposed to glow with all the hue and ferocity of the headlights of a fire engine entering one of Washington’s notoriously dark alleys.” The Demon Cat purrs patiently, waiting for its victim to be alone. Then it lunges at him while extending its fangs and claws. Once it’s close enough for the victim to see inside its mouth, it disappears in a puff of smoke.

The feline spook of the Capitol primarily haunts night watchmen and was blamed for an elderly guard’s fatal heart attack. D.C. is like the Mothman of Point Pleasant, West Virginia who appeared before the Silver Bridge collapsed under the weight of rush-hour traffic, resulting in the deaths of 46 people. It can predict the future. It appeared before the assassination of President Abraham Lincoln, the October 1929 stock market crash and the assassination of President John F. Kennedy.

Outside of the Supreme Court Chamber, D.C. has left nearly a half-dozen shallow paw prints. At the end of the 19th century, the



Capitol Building was damaged by a gas explosion. Some spots in the original stone were replaced by concrete, so it's quite possible that a stray cat walked across the wet concrete. "If the tracks are phony, they're generally flat and very static. You won't see any change or movement within the footprint," Godfrey says. "If they're made by a real animal, they'll vary here and there. It's kind of like in humans. If you're walking along, your foot might dig deeper on one side or you might trip a little."

## Teakettler

"Around the turn of the century, when there were a lot of logging camps around the Great Lakes, tall tales were spun around the campfire, and many of them were connected to Paul Bunyan," Godfrey says. "The Teakettler is one of those." If you read the entirety of the Paul Bunyan tales, you'll encounter it and other Fearsome Critters, such as the Hidebehind, the Goofus Bird and the Axehandle Hound, a dachshund with a hatchet-shaped head, a handle-shaped body and stumpy legs who only eats ax handles.

Located in Wisconsin, Michigan and Minnesota, the Teakettler (*Urocyon iugulebesonia*) resembles a small, stubby-legged dog with cat ears, but it doesn't meow or bark. Instead, steam pours out of its mouth, and it emits a shrill cry that sounds like a boiling tea kettle. Bigfoot are also famous for making human-like sounds. "Many people have claimed to have heard them speaking what sounds like a dialect of Mandarin Chinese," Godfrey says. "Other witnesses have said they were sure that they heard Bigfoot mocking or imitating human voice tones."

In some versions of the Teakettler tale, the creature's high-pitched whistle and smoke are a result of its raging temper, yet it's never been depicted as aggressive. In fact, the

Teakettler is extremely shy, and it retreats by walking backward.

The Teakettler hasn't been sighted since the beginning of the 20th century. While its last notable reference was in Jorge Borges' "The Book of Imaginary Beings," which insists that no one ever believed in such a ridiculous beast, lumberjacks know that it's nearly impossible to distinguish a whistling pot at a campsite from the cries of a Teakettler in the brush.

## Cactus Cat

The Cactus Cat (*Felis cactaceae*) is a mythical creature found in Southwest American folklore. It resembles a large feline about the size of a bobcat with a thorny coat, a branching tail and bony claws, but it's actually a fast-moving mobile cactus.

Cactus Cats are green and have a spongy interior. They also have an internal sap called "cat juice" or "cat sap" that's supposed to be able to get a person plastered with just one sip. However, the next morning it causes a stampeding headache that's immune to classic Old Western hangover cures like rabbit pellet tea or two pickled sheep's eyeballs.

Like Bigfoot and werewolves, Cactus Cats live in family groups with both male and female alternating as leaders. "There have been several instances where an upright wolf-like creature has been seen crossing the roadways with another large, upright canine and several smaller ones following it," Godfrey says. Cactus kittens are born spineless. Once they reach sexual maturity, they typically bloom in the late summer. Their flowers are dark red, pink or purple flowers and smell like mezcal.

While Cactus Cats inhale carbon dioxide and exhale oxygen during photosynthesis, they still need the sap of desert plants for nutrients. In the middle of the night, they make

deep slashes in the base of giant cacti, always in a circle that's exactly one mile long.

"By the time the Cactus Cat has completed the circuit, the sap exuding from the cacti has fermented into a sweet, intoxicating pulque, which is greedily lapped up by the Cat as he makes his second trip," Henry Tryon wrote in "Fearsome Critters," published in 1936. "By the time he finishes this round, he's pretty soundly-pickled and usually waltzes off into the desert, rasping his bony forelegs across each other as an accompaniment to delighted yowls."

## The Spooky History of Cats & Dogs: Medieval Witchcraft, Magic & Death

1

Before the invention of the breast pump in 1854, puppies & kittens were sometimes used to suck out a mother's first milk, which some physicians thought was tainted. During the early modern period, a witch's familiar was also thought to survive by sucking blood from a 'witch's tit': a mole, wart, freckle, blemish or even a third nipple. "It's sort of an inversion of a mother & child suckling at the breast," says Amber J. Rose, Ph.D. candidate in the Department of German, Nordic & Slavic at the University of Wisconsin-Madison.

2

From the medieval period, cats were kept for their mousing skills. "It was thought that you would have to keep the cat at home in some way so it wouldn't wander off & leave you," Rose says. "There are a couple of different options. Some are bizarre like rubbing butter on the cat's paws in front of the hearth... & some are cruel like cutting off its ears or burning its fur to make it afraid of rain."

veterans may have some relief from the symptoms of PTSD due to their close relationships with the dogs in training.

## Pet Ownership and Disease Detection

The future of human health benefits from pet ownership is bright. Some dogs have actually detected cancer in their human companions, presumably through their superior sense of smell. Research is underway to see if this type of early detection can be systematically utilized in human medicine. According to the British Medical Journal, one out of three dogs living with a diabetic owner can detect a severe drop in blood sugar (hypoglycemia) before the human recognizes it. It remains to be seen if dogs can be trained to give a consistent early warning signal for hypoglycemia. Trained seizure alert dogs have helped epileptic patients to achieve new levels of independence. It is presumed that these dogs can detect an oncoming seizure by a change in smell, with up to an hour of advance warning. This extra time can give an epileptic patient time to seek help and lie down which can prevent additional trauma.

## The Future Health Benefits of Pet Ownership

Our companion animals not only help us today with improved mental and physical health, but they may help

us to build a brighter tomorrow. Our pets live in our world. They share our homes, they share our adventures, they often eat the same food and drink the same water. Veterinarians have seen parallels between animal and human health for years, noting that dogs, especially, develop a lot of the same cancers as humans. Now the human medical establishment is recognizing the importance of the canine model.

A critical study to determine if vaccination may help prevent canine cancer was recently launched. Over 800 dogs are enrolled at three veterinary centers across the United States—Colorado State University, University of California, Davis, and the University of Wisconsin at Madison. There will be 280 Wisconsin dogs participating in this study, which is the largest canine cancer clinical trial in the history of veterinary medicine. This ambitious study involves a vaccine which targets thirty abnormal proteins found only in cancer cells. The hope of the researchers is that the vaccinated dogs' immune systems will quickly recognize cancerous cells and eradicate them. On May 2, 2019, the first Wisconsin dog to receive her injection was a 9-year-old Gordon setter named Trilly. All participating dogs will be followed for five years and receive full medical care. If the study is successful in our canine companions, the next step would be to adapt it to human medicine. Imagine—developing a vaccine against cancer with the help of our very own pet dogs!

Owning a pet can be a wondrous experience. Our companion animals provide us with unconditional love, a sense of responsibility and a connection to our community. These steadfast emotional virtues combine with physical health benefits and hopeful future medical advances to show us one thing is true: Pet ownership is truly magical!

CANINE SYMBOLISM  
CONTINUED FROM PAGE 27

Ways Of Animals" by Jamie Sams and David Carson, the authors explore how animal behaviors relay messages of healing. They draw upon the teachings of Choctaw, Lakota, Seneca, Aztec, Yaqui, Cheyenne, Cherokee, Iroquois and Mayan elders to delineate the essential qualities of several animals, including dogs.

The goal is to draw upon an animal's power in order to bring about perfect harmony with Mother Earth and all of life. In the book, dog is loyalty. "Dog... you are so noble, until the bitter end, your medicine is the teaching of true and loyal friends."

Our own dogs can teach us too. Ted Andrews, author of "Animal Speak," suggests that we study our own dog's behaviors and apply what we see to our present life situations. Indeed, there is a deep and ancient connection between dogs and humans that has long been cherished around the world and is manifested in the love we share with our canine companions today.

FOLKLORE CONTINUED FROM PAGE 29

3

"In Northern Norway during the 17th century, the devil often shows up disguised as a black dog, & other demons turn up too in the shape of animals," Rose says. "One of my favorite examples of the devil turning up as an animal is in the Norwegian witch trials. He transforms into a cat & comes up to this woman who's lying down. He moves around her body, from the tips of her toes to the top of her head. The trial document says that he counted all of her teeth."

4

"Far beyond the period of the witch trials, you have recipes that involve boiling cats alive to get their bones," Rose says. One invisibility spell involved throwing a cat's carcass over the left shoulder while repeating these words, "*Accipe quod tibi do et nihil amplius.*" The witch would also chew the cat's bones while looking into a mirror and walking backward.

5

In the Middle Ages, the mandrake root was extremely dangerous to harvest because its screams could cause insanity, deafness or death. "There's a 14th century manuscript that shows how to do it safely," Rose says. After unearthing the mandrake's roots with an ivory stake, medieval plant-collectors would tie a rope around a dog's neck & sound a horn. It would drown out the creature's shrieks while startling the dog at the same time, causing it to drag out the monster plant. "The dog would be the one stuck with the curse," she says.





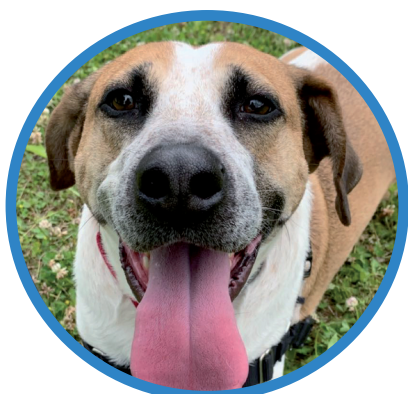
## ADOPTABLES

# FETCH ME

# IF YOU CAN

*Humane Animal Welfare Society*

*hawspets.org*



*Ben*

has incredible sparkling eyes & an adorable personality! He loves being active—taking walks, jogging, learning, even having play dates with other large dogs. Ben also rides well in the car! Meet with one of HAWS' trainers before taking Ben home & learn how to keep him calm & focused while continuing to utilize the skills he's learned.



*Cooper*

is a long-legged charmer who will make you smile. This handsome, energetic youngster is playful & loves to explore all those wonderful outdoor scents. It's nose to the ground for this boy! He's smart & has done well in HAWS' training classes; he is always a good student & ready to learn! He also will not hesitate to let his hair down & get silly with his stuffed animal toys.



*Tyr*

is a handsome, almost 3-year-old Lab/Hound mix. He is looking for a home with slightly older kids because this goofball doesn't realize his size & strength! He is very playful & enjoys the company of other dogs. Tyr is exuberant & would benefit from an active home that enjoys walking, running or hiking. He is still learning his manners & his new family can continue to that work in basic training classes.

## Canine Cupids caninecupids.org



Peanut

An older gentleman who is looking for a calm home to call his own. After 9 years of being the household star, his mom & dad moved to assisted living. He is great with other dogs, 100 percent house trained & loves to go for walks but needs a human who will go slow with him to earn his trust. Once that bond is established, Peanut will never leave your side.

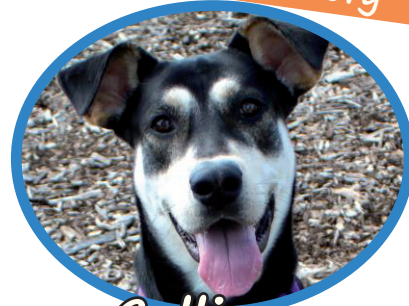
## Elmbrook HS ebhs.org



Aqua

A lovely lady who is looking to be the center of your world...& you will definitely be hers. Aqua loves to get out & about, be it a nice long walk, a hike through a park, a jog through the neighborhood or a little play time in the backyard. Her new home should know in advance that she adores squeaky, fleece toys, so making sure she has a few of these is a must! Stop by & meet this wonderful girl today!

## Wisconsin HS wihumane.org



Calliope

A free spirit with beautiful brown eyes and a charming smile, Calliope is a dog you'll never forget! This adoring girl has a big personality & is still working on some of her manners. She is hoping to find a home without any other dogs or children under the age of 10.



Sox

A lovely 55-lb female Pit Bull Terrier mix. She is a social & inquisitive 1-year-old adolescent. Sox loves to go for walks, play fetch & enjoys swimming but will also entertain herself independently. She knows several commands & is very treat-motivated. Due to her size & energy level, a home with older children is preferred. Sox loves her people & will thrive as your only animal.



Pretzel

If her eyes do not grab your attention, her personality sure will! Pretzel is a playful, active dog in search of a home that loves to get out & about on walks, taking hikes or daily jogging/running. She is a smart girl who loves learning new things & quickly has learned how to sit. She really would like to be the center of your attention when it comes to animals in your life, so she is looking to be the solo pet in your home.



Kressly

With doting brown eyes & a puppy personality, it's hard to miss Kressly at the Wisconsin Humane Society Ozaukee Campus. This 5-month-old loves to play & romp around. She is still learning the ways of the world & is ready to be with a loving family.



Sprite

A perfect 2-year-old family dog. This medium energy youngster does well with children & other dogs & is up for whatever you have in mind. Sprite is crate- & house-trained, loves playing, swimming & walks but settles nicely for cuddle time. He is treat-motivated & has been working on basic commands. Sprite finds cats especially interesting, so a home without felines is preferred.



Sangria

Seeking a mellow, loving, smart canine companion? Look no further—Sangria is your girl! Sangria loves walks, just hanging out in the yard with you & cuddling up inside! She is an absolute sweetheart and loves everyone she has met thus far. Make time to stop by & meet her soon!



Peanut

Tiny & mighty! This petite lady loves to play until the sun goes down. Peanut has a stunning, tri-color coat & is always ready for the next adventure.



Sheboygan HS  
adoptsheboygancounty.org



Bella

Okay, so I have a BIG personality & I'm a gal who knows what she likes. Have you ever known a kitty like that? Well, then I NEED you because you will understand me & my many moods. Can you please please help me? Oh, & probably no little kiddos for me, they just won't "get me". I am a sass nugget & proud of it!



Gibbs

This handsome 3-year-old boy will melt your heart. He's a little shy at first, but he is just the absolute sweetest! Take the time to get to know him out of his kennel to play ball—one of his favorite things to do. Once he's out & about, he is an absolute doll who will melt your heart.



Rosie

Rosie is 3 years old & the sweetest girl we know! She always wants to please her human companion & picks up learning commands super quick. Rosie came to us from Kenosha & was heartworm positive. After several treatments, she is now cleared to head off to her forever home. She would make a great addition to any active family that enjoys loving walks, runs, & hiking.

Lakeland Animal Shelter  
lakelandanimalshelter.org



Gemma

Gemma, as in beautiful, energetic Gem of a girl, is a unique 3-year-old Husky/Pit mix with a need for some structure & guidance to help her reach her full potential. She would love an active family who is able to give her the time, attention, love & training reinforcement that she craves. In return, this beautiful girl has so much love & loyalty to give back!



Gomer

Sweet, Lovable Gomer is a 9-year-old Bichon mix with special needs who is looking for his forever retirement home where he can relax & be a part of a forever family! Sadly, Gomer was recently returned to the shelter due to the health of his owners. Gomer is not nearly as fast as he used to be, & he has a few deficits but love, affection & companionship are still his strong suits!



Jack

Jack is a 9-year-old spunky Min Pin who can be a little temperamental, although he is a charming, lovable guy at heart with a big personality that will melt your heart! Jack is doing great working on his socialization & manners, as well as fine tuning his obedience in our "Bright Futures" training class! Jack would love the quieter environment of a real home & forever family!

Hoping Fur a Home  
hopingfurahome.com



Blue

Blue is a great puppy that enjoys other dogs & kids. At 6 months, he weighs in at around 30ish lbs. He's crate trained & housebroken. Blue's perfect family would be an active one with another dog if possible.



Penny

Penny is as nice as they come who just wants to be near her people, preferably on your lap. For all of you looking for a big personality in a 14-pound package, Penny fits the bill.



Maci

Maci has a great personality & is loving life. At first, she can be timid because of her past, but she warms up quickly. She's the perfect size at 30lbs, is house broke, crate trained & gets along with dogs & cats.

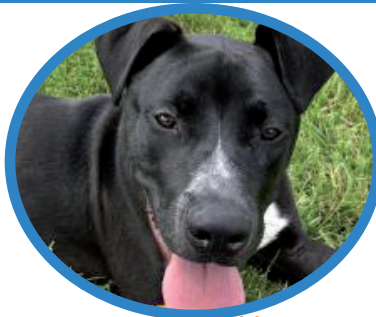
**Safe Harbor HS**  
safeharborhumansociety.org



**Catness**

Catness is the star of our free roam room. She LOVES attention from people & will give you snuggles all day. She is just over a year old, so she still has playful kitten energy but is also happy to nap in the sunshine. Catness is fine with other animals.

**Washington Co HS**  
ebhs.org



**Apollo**

I'm Apollo. I have learned a lot in my short life like responding to a variety of cues to showcase my talents & that I love to play with other dogs. I am counting on you to help me safely navigate the world & experience new things each day to allow me to grow into a confident young dog.

**Watertown HS**  
watertownhumansociety.org



**Artie**

Artie has stunning looks, is full of personality & is waiting for his forever home! This very smart boy already knows tricks like sit, down, off, shake & roll over & is learning "leave it." He enjoys walking very closely to his humans & will wait at doors, street corners & sits when you stop walking. Artie longs to be the only child in his new home & will make an excellent companion.



**Lula**

Lula's nickname is Miss Smiley because she has the brightest smile. She is 2 years old. She is always happy & easy going. Lula would prefer to be the only pet in her home, but she has plenty of snuggles to shower her family with. This girl is definitely a 'lap' dog & would prefer to just cuddle with you on the couch.



**Myrie**

Hey there, my name is Myrie. I'm a sweet older gal who would love one final home. My new home could have kids (8 years & older), dogs & maybe even cats. I did alright with the cat I met here but will need to be retested if there is a cat in my new home.



**Bella**

Hi, I'm Bella! I am beautiful & ready for my closeup! I have been described as a smiling, sweet & playful girl. I love being around humans & playing with my toys. I will shower you with smiles & kisses every day!



**Tina**

Tina just wants to have fun! This sweet girl is 2 years old. She loves to play outside with her favorite people & will have tons of kisses for you. If her goofy ears don't make you fall in love, her sweet smile definitely will. She would prefer a home with no cats, but she loves other dogs.



**Vera**

My name is Vera, & I was brought to WCHS as a stray cat. I am very affectionate, tolerant, chatty & I love my buns and cheeks scratched! I may be a shy gal initially, but once I warm up, I will be a great companion who loves to be held & groomed.



**Drama**

Drama is one of the coolest cats around! He is very laid back & loves to keep humans company. He is known to curl up in the office with the shelter managers while they are focused on their work. Drama is easy to care for & would fit right in with any family!



**Brew City Bully Club**  
brewcitybullies.org



**Amelia**

Our tripod Amelia is searching for an extra understanding home that gets that she carries some baggage. Amelia would do well in a family with other dogs, however she guards her resources, so no young children for her! Amelia is more of an independent, happy-go-lucky pup who enjoys sun bathing & snuggling up on the couch or just doing her own thing in her bed at night. She also LOVES swimming!



**Astrid**

Astrid is a shy girl who is very afraid of strangers, so she needs a home that understands her, will help her feel safe. In that kind of place, she's a typical goofy, fun-loving puppy who loves to play & play! Fetch is her game, & after she'll snuggle up on the couch to watch your favorite show! Astrid would not do well in a home with children but would enjoy a dog friend & does well in the company of cats!

**Mecca's Pit Bull Rescue**  
meccaspitbullrescue.com



**Cain**

Cain is an American Bully who is 5 years old, has been in our Positive Reinforcement Training Program, & he has successfully passed Basic and Advanced Training. He can do High 5 all day if you want. He is a couch potato kind of guy & is good with dogs & cats.



**Odin**

Odin is 87.5 percent American Staffordshire Terrier, 12.5 percent Bull Mastiff & weighs 74 pounds. He is a big guy & sure to make someone a great dog. It's estimated that he's 4 years old, & he is very smart. He has been trained in Basic & Advanced Obedience, is kennel-trained & used to daily mental stimulation & exercise. In fact, this guy is great with impulse control & loves positive training. He is good with other dogs, but please, no cats.



## Recipe

### Cheesy Bones

#### Ingredients

2 CUPS OF WHOLE WHEAT FLOUR  
1 ½ CUP MILK  
1 CUP SHREDDED CHEDDAR CHEESE  
1 T OREGANO  
1 T BAKING POWDER

#### Equipment

Why not try baking with a bone mold hot iron? Sunbeam is just one company that has these cute bone molds.

If you keep your eyes open, you might be able to find one at your local resale shop.

You can make a dog recipe or a human recipe for your next dog lover's event.

#### Directions

Add ingredients into a large mixing bowl and mix until well blended.

Using a rubber spatula, spoon the batter into each lower bone mold.

Close unit and bake for 8 to 10 minutes.

*Courtesy of Patti Muraczewski,  
CPDT-KA, CABC, BA*

# A DOG'S LIFE

## CAMPS, CLASSES & SEMINARS

### Dog Powered Sports

Sep. 28: 10AM to Noon  
HS of Jefferson County,  
W6127 Kiesling Rd., Jefferson  
Hsjc-wis.com, 920-674-2048

### Pet Loss Discussion Group

Oct. 2: 7 to 8PM  
Wisconsin Humane Society  
Milwaukee Campus, Wihumane.org

### Help, There's a Loose Dog!

Oct. 7: 6 to 7PM  
HS of Jefferson County,  
W6127 Kiesling Rd., Jefferson  
Hsjc-wis.com, 920-674-2048

### And Baby Makes 5!

Nov. 18: 6 to 7PM  
HS of Jefferson County,  
W6127 Kiesling Rd., Jefferson  
Hsjc-wis.com, 920-674-2048

## FUNDRAISERS & GATHERINGS

### 2nd Annual Pies for Paws & Claws

Oct. 5: 11AM to 4PM  
The Wreath Factory of Plymouth  
N6625 State Rd. 57, Sheboygan  
Humane Society of Sheboygan Co.

### Free Park Walks With a Trainer

Oct. 5: 8AM  
Richfield Nature Park off 164 & Holy Hill  
dogsanctuarywi.com

### Walk for Paws

Oct. 6: 9AM to 1PM  
Poerio Park, 1351 20th Ave, Kenosha  
Safeharborhumanesociety.org

### Brady Street Pet Parade

Oct. 13: 11AM to 5PM  
Brady Street, Milwaukee

### Pumpkins & Pooches

Oct. 19: 11 AM to 3 PM  
Lammscapes, Jackson  
lamm@lammscape.com

### Bark & Wine

Oct. 19: 6 to 10PM  
Dane County Humane Society  
5132 Voges Rd., Madison  
Giveshelter.org

### #muttwaukee party

Oct. 19: TBD  
Friends@madacc.org

### Doga

Oct. 20, Nov. 17: 10 to 11AM  
Wisconsin Humane Society  
Milwaukee Campus, Wihumane.org

### Canine Massage Workshop

Oct. 23, Dec. 4: 6:30 to 8:30PM  
Wisconsin Humane Society  
Milwaukee Campus, Wihumane.org

### Happy Tails 2019 for HAWS

Oct. 25: 6 to 10PM  
Marriott Hotel  
W231N1600 Corporate Ct, Waukesha  
Hawspets.org, 262-542-8851

### Rockabilly for Rescues

Oct. 26: 7 to 10PM  
Kochanski's, Milwaukee  
Friends@madacc.org

### Halloween Howl Party

Oct. 28: 6 to 7:15PM  
Wisconsin Humane Society  
Ozaukee Campus, Wihumane.org

### Paint for a Cause: Paint Your Pet

Oct. 30: 6:30 to 9:30PM  
Cleveland Pub & Grill  
14000 W. Cleveland, New Berlin  
Ebhs.org

### Holiday Pet Photos

Nov. 2, 3, By appt only  
HAWS, Waukesha  
Hawspets.org, 262-542-8851

### Puppy Yoga

Nov. 3: 9:30AM  
Madison Puppy Den, Madison  
Madisonpuppyden.com, 608-665-3375

### Holiday Bingo Extravaganza

Nov. 14: 5 to 8:30PM  
Riverside Ballroom  
1560 Main ST, Green Bay, Wihumane.org

### Holiday Craft Bazaar & Bake Sale for HAWS

Nov. 16 : 10AM to 4PM  
HAWS, Waukesha  
Hawspets.org, 262-542-8851

### Pictures with Santa

Dec. 1: 11AM to 2PM  
Animal World Adventures, Watertown  
Whsadopt.org, 920-261-1270

### Life Skills for Your Dog

Dec. 7: 10AM to Noon  
HS of Jefferson County,  
W6127 Kiesling Rd., Jefferson  
Hsjc-wis.com, 920-674-2048

### Photos with Santa

Dec. 8: Noon to 3PM  
Wisconsin Humane Society  
Ozaukee Campus, Wihumane.org

### Hope's Lights Celebration

Dec. 8: 5:30 to 7PM  
Wisconsin Humane Society  
Milwaukee Campus, Wihumane.org

## PARKS & RECREATION

### Milwaukee Dog Exercise Areas

Bay View Dog Exercise Area:  
Corner of E. Lincoln Ave. and S. Bay St.

### Currie Park Dog Exercise Area:

3535 N. Mayfair Rd. Wauwatosa

### Estabrook Park Dog Exercise Area:

4400 N. Estabrook Dr. Milwaukee

### Granville Dog Exercise Area:

11718 W. Good Hope Place Milwaukee

### Roverwest Dog Exercise Area:

3243 N. Weil St. in Riverwest!

### Runway Dog Exercise Area:

1214 E. Rawson Ave. Oak Creek

### Warnimont Park Dog Exercise Area:

5400 S. Lake Dr. Cudahy

## SERVICES FOR DOGS

### Animal Control

MADACC 414-649-8640, madacc.org

### BRATS (rescue animal transportation)

BRATStranport.org,  
BRATStranport@gmail.com, 414-322-1085

### Community Support

Friends of MADACC  
friends@madacc.org, madaccfriends.org

### Department of Neighborhood Services

414-286-2268 (report abuse)  
or call local police department

### Hidden Paws Network

920-784-7125 (temporary relocation of pets),  
hiddenpawsnetwork.com

### Low-Cost Spay/Neuter Clinics

Baraboo, 608-356-2520, Sauk Humane  
Kenosha, 262-694-4047, Safe Harbor  
Milwaukee, 414-649-8640, MADACC  
Madison, 608-224-1400, Spay Me Clinic  
Waukesha/Washington County, 262-789-1954,  
EBHS

### Lost Dogs of Wisconsin

(assists you with finding your lost dog)  
lostdogsofwisconsin.org

### Lost & Stolen Pet Recovery Assistance

(assists you with free/low-cost microchips)  
lspra.org, info@lspra.org

### Milwaukee Animal Alliance

(local advocacy group for shelter animals)  
milwaukeeanimalalliance.org

### Wisconsin Vest-A-Dog

608-752-3539, vestadogwisconsin@yahoo.com,  
www.wivestadog.org



# Folklore

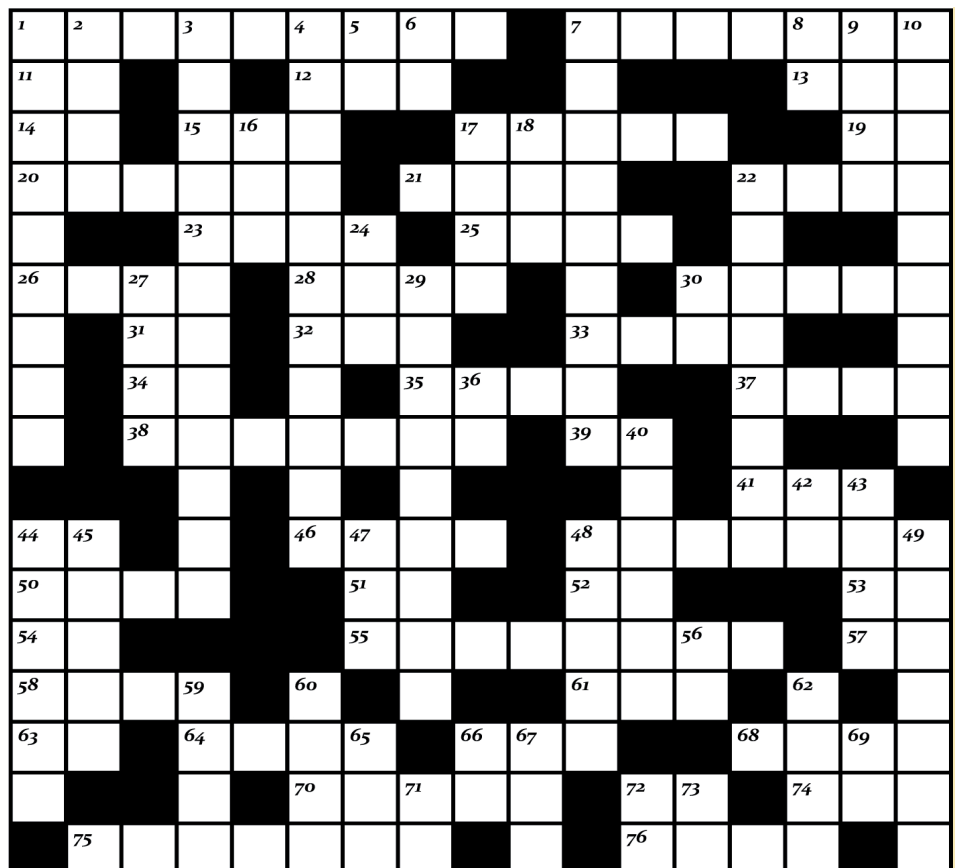
By Gail Marie Beckman

## ACROSS

1. A drive to explore
7. Bastet was the name of an Egyptian \_\_\_\_\_ cat
11. Atop
12. Precedes logical
13. Favorite or indoor animal
14. RN associate
15. Lair
17. Questionable cat color
19. Pepe \_\_\_\_ Pew was fond of Penelope Pussycat
20. Dogs were held in high esteem for their protective \_\_\_\_\_
21. Prophet
22. Couch cousin
23. Couple; twosome
25. Dogs are known for their faithfulness, staying right by your \_\_\_\_\_
26. Lives of a kitty, so it is said
28. Camping item
30. Indifferent; distant - like a cat
31. Follows em
32. Wedding words
33. Prefix for against
34. Paid notice
35. Nickel or dime
37. Items of amusement
38. Cats have been a symbol of resurrection, or \_\_\_\_\_
39. NE opposite
41. It can be spare
42. Short for check or chapter
46. Tales passed down
48. Dogs have been known for their perseverance, reliability, and how \_\_\_\_\_ they can be
50. Dogs are the universal symbol of unconditional \_\_\_\_\_
51. Related to Ave.
52. Ill plus I
53. Behold!
54. Common link between adventure and friendship
55. Cats have been associated with things hidden, the unconscious, and \_\_\_\_\_
57. Stand \_\_\_\_ me
58. Gives an oath
61. Cats have this sixth sense (abbr)
63. Utterance of hesitation
64. Particular feet
66. Map on your phone (init)
68. Whistle for, for example
70. Certain five
72. Einsteinium symbol
74. The \_\_\_\_\_ has been said to have powerful magic and an affinity for witches
75. Wile E. and others
76. Fortune; good \_\_\_\_\_

## DOWN

1. Dogs have long been a this, like a service animal
2. Take away; edit \_\_\_\_\_
3. State of needing no one
4. Acute awareness
5. Integrated circuit, shortened
6. Partner of fro
7. Dogs were thought to be \_\_\_\_\_ of ancients secrets, treasure, and knowledge
8. Short for extended play
9. Cats tend to have a deep, relaxed connection of \_\_\_\_\_
10. Firm in purpose and faith, like a dog
16. Time period
17. Man's \_\_\_\_\_ Friend
18. Flower necklace
22. Avoiding others, like a cat
24. Warning; \_\_\_\_ flag
27. Close
29. Prefers the night life
30. Already there
36. I see..
40. Canine crew
42. Supposing
43. Idea icon
44. Intelligent
45. Dogs earned a place of \_\_\_\_\_
47. Many, many dog years?
48. Evergreens, for instance
49. Dependability, always
56. Short for spirit or species
59. Certain fix
60. Bat at
62. Dogs are instinctively \_\_\_\_\_ animals
65. Cats can \_\_\_\_ in the dark due to their adaptable eyes
66. Take off
67. Young doggy
69. Between sol and ti
71. Exists
72. Precedes Capitan or Dorado
73. Particular day of the wk.



# TO THE RESCUE

## ALL BREEDS

**Bichons & Little Buddies Rescue**  
414-750-0152, bichonrescues.com,  
bichonandlittlebuddies@gmail.com,

**Canine Cupids**  
caninecupids.org,  
caninecupidsrescue@gmail.com

**Fetch Wisconsin Rescue**  
fetchwi.org, fetchwiwirecue@gmail.com

**Friends of MADACC**  
Friends@madacc.org

**Haven Animal Rescue**  
SafeHavenHSOC@gmail.com,  
HavenAnimalRescueCO.org

**H.O.P.E. Safehouse**  
262-634-4571, hopesafehouse.org,  
hopesafehouse@gmail.com

**Hoping Fur a Home**  
hopingfurahome.com

**JR's Pups-N-Stuff Dog Rescue**  
414-640-8473, jrspupsnstuff.org,  
jrspupsnstuff@yahoo.com

**Milwaukee Pets Alive**  
milwaukeepetsalive.org,  
adopt@milwaukeepetsalive.org

**Paddy's Paws**  
920-723-5389, paddyspaws.blogspot.com

**Patches Animal Rescue**  
920-344-6637,  
patchesanimalrescue.org,  
patchesanimalrescue@yahoo.com

**Remember Me Ranch**  
remembermeranch.org,  
remembermeranch@gmail.com

**Rescue Gang**  
rescuegang.org, info@rescuegang.org

**Shelter From the Storm**  
sftsrescue.org, sfts.info@yahoo.com

**Tailwaggers 911 Dog Rescue**  
262-617-8052, tailwaggers911.com,  
rescuedogs@tailwaggers911.com

**Underdog Pet Rescue of Wisconsin**  
608-224-0018,  
underdogpetrescue.org,  
info@underdogpetrescue.org

**Woof Gang Rescue of Wisconsin**  
woofgangrescue.com,  
Woofgangrescue@gmail.com

**Yellow Brick Road  
Rescue & Sanctuary**  
414-758-6626,

yellowbrickroadrescue.com,  
loveqmoment@wi.rr.com

**BASSET HOUND**  
**Basset Buddies Rescue, Inc.**  
262-347-8823, bbrescue.org  
info@bbrescue.org

**BEAGLE**  
**Midwest Beagle Rescue, Education  
& Welfare (BREW)**  
608-6611-5122, gotbeagles.org

**BORDER COLLIE**  
**Wisconsin Border Collie Rescue**  
WIBorderCollieRescue.org

**BOSTON TERRIER**  
**WI Boston Terrier Rescue**  
414-534-2996,  
wisconsinbostonterrierrescue.com,  
Ollie1022@sbcglobal.net

**BOXER**  
**Green Acres Boxer Rescue of WI**  
greenacresboxerrescue.com,  
info@greenacresboxerrescue.com

**CHESAPEAKE BAY RETRIEVER**  
**Chessie Rescue of Wisconsin**  
920-427-4295, CRROW.org

**CHIHUAHUA**  
**Wisconsin Chihuahua Rescue, Inc.**  
608-219-4044, wischirescue.org  
chigirl1983@gmail.com

**COCKER SPANIEL**  
**Wisconsin Cocker Rescue**  
wicockerrescue.com  
262-271-6014

**Shorewood Cocker Rescue**  
262-877-3294, cockerrescue.net,  
elaine@cockerrescue

**COONHOUND**  
**Coonhound & Foxhound  
Companions**  
coonhoundcompanions.com

**DACHSHUND**  
**Oolong Dachshund Rescue**  
oolongdachshundrescue.org,  
sarahdermody@oolongdachshun-  
drescue.org

**DALMATIAN**  
**Dal-Savers Dalmatian Rescue Inc.**  
414-297-9210, dalrescue.us,  
loveadal@yahoo.com

**GERMAN SHEPHERD**  
**German Shepherd  
Rescue Alliance of WI**  
414-461-9720, gsraw.com, yur\_rltr@  
execpc.com or gsdrsq@hotmail.com

**Good Shepherd K-9 Rescue**  
608-868-2050, gsk9r.org,  
pawmeadows@hughes.net

**ARF's German Shepherd Rescue Inc.**  
arfrescue.com, gsd@arfrescue.com

**White Paws  
German Shepherd Rescue**  
920-606-2597, whitepawsgsr.com,  
calspence@aol.com

**Wisconsin German Shepherd Rescue**  
920-731-1690, CFilz@aol.com

**Mit Liebe German Shepherd Rescue**  
920-639-4274, mlgsdr.com  
ccgsds@aol.com

**GERMAN SHORTHAIRED POINTER**  
**Wisconsin German Shorthaired  
Pointer Rescue Inc.**  
920-522-3131, wgspr.com, wgspr.pet-  
finder.com, wgsprinfo@gmail.com

**GOLDEN RETRIEVER**  
**Golden Rule Rescue  
& Rehabilitation (GRRR)**  
608-490-GRRR (4777),  
goldenrulerescue.org,  
info@goldenrulerescue.org

**GRRoW**  
888-655-4753, GRRoW.org,  
president@grrow.org

**WAAGR**  
414-517-7725, waagr.org,  
president@waagr.org

**GREAT DANE**  
**Great Dane Rescue  
of Minnesota & Wisconsin**  
gdromn.org, gdromn@gmail.com

**GREAT PYRENEES**  
**Great Pyrenees Rescue of Wisconsin, Inc.**  
920-293-8885, greatpyrrescuewi.com,  
wooflodge@yahoo.com

**GREYHOUND**  
**Greyhound Pets of America-Wisconsin**  
gpawisconsin.org, Webmaster@gpawis-  
consin.org

**LABRADOR**  
**Labrador Education and Rescue Network**  
847-289-PETS (7387),  
labadoption.org,  
learnldogs@labadoption.org

**Labs N More**  
414-571-0777,  
LabsNMoreRescue.petfinder.com,  
LabsnMoreRescue@yahoo.com

**MALTESE**  
**Northcentral Maltese Rescue Inc.**  
262-800-3323,  
malteserescue.homestead.com,  
malteserescue@hotmail.com

**PIT BULL TERRIER**  
**Apple Valley Pit Crew,**  
applevalleypitcrew.org



**Brew City Bully Club,**  
Adopt@brewcitybullies.org

**Helping Pitties in the City  
(Remember Me Ranch)**  
remembermeranch.org/pittiesinthecity,  
pittiesinthecitymke@gmail.com

**Misfits Mutts Dog Rescue**  
misfitmuttsdogrescue.com

**Off-the-Chain MKE**  
offthechainmke.org

**PUG**  
**Pug Hugs, Inc.**  
414-764-0795, milwaukeepugfest.com,  
milwaukeepugfest@yahoo.com

**SHIBA INU**  
**Midwest Shiba Inu Rescue**  
630-225-5046, shibarescue.org

**SHIH TZU**  
**New Beginnings Shih Tzu Rescue**  
nbstr.org, nbstr2.board@yahoo.com

**Shih Tzu Rescue of Central Wisconsin**  
shihtzurescueofcentralwi.org

**VIZSLA**  
**Central Wisconsin**  
**Vizsla Rescue Club (CWVC)**  
608-279-4141, WiVizslaRescue@gmail.com

**WESTIE**  
**Wisconsin Westie Rescue, Inc.**  
920-882-0382, wisconsinwestierescue.  
com, westies@new.rr.com

**BIRDS**  
**RoseBerry Bird Rescue, Neenah, WI**  
920-729-0901,  
RoseBerryRescue@aol.com,  
roseberrybirdrescue.org

**CATS**  
**Almost Home Kitty Rescue**  
almosthomekittyrescue.org,  
info@almosthomekittyrescue.org

**Happy Endings No Kill Cat Shelter**  
414-744-3287, HappyEndings.us,  
info@HappyEndings.us

**Little Orphan's Animal Rescue**  
608-556-6130,  
littleorphansanimalrescue.org,  
cdcpumpkin@yahoo.com

**EXOTIC PETS**  
**Kingdom Animalia**  
**Exotic Animal Rescue**  
920-609-3529, kaeer.org (reptiles,  
amphibians, birds, small animals, inver-  
tebrates)

**Green Bay Aquarium Society**  
920-419-8839, GBASonline.org

**Steve Keller the Snake Man**  
920-428-9573

**FERRETS**  
**Fox Valley Ferret Rescue**  
920-574-2277, foxvalleyferret.com

**HORSES**  
**Stepping Stones Farm**  
steppingstonefarms.org,  
liafarrier@gmail.com

## Holiday Gift Fair

Benefits

**Dane County Humane Society  
& Underdog Pet Rescue**

**Sunday, November 24th 10am-4:00pm**  
**133 W Lakeside St. VFW Madison (off John Nolen Dr.)**

**Pet Friendly! Shop with local with your best friend!**

**Admission is canned pet food, \$ or wish list items. Door prize tickets  
for each item, awesome prizes drawn every ½ hour!**

**Many generous & talented artists, crafters and favorite direct selling  
vendors will be offering items perfect for gift giving (or yourself) All  
vendors are donating a portion of their proceeds to the fundraiser.**



**Bake sale will also be included  
with yummy treats!**

**Nice variety, something for  
everyone on your list.**

**Santa Claus will be there for  
picture taking with Big, Little,  
and Furry Kids (outside)**



# Now Treating Seasonal Allergies

WVRC is excited to announce that Dr. Christina Mazulis will be seeing patients with dermatology and allergy issues!

Allergies and skin disorders are common but frustrating problems for pets and pet owners. Without effective treatment, these disorders can develop into serious health issues. Here at WVRC, we strive to find the root of the problem and focus on sustainable long-term management. Our expert dermatological team has experience in diagnosing and managing a broad range of issues, such as:

- Allergic dermatitis
- Autoimmune skin diseases
- Bacterial, fungal, viral, and parasitic skin infections
- Conditions of the ear canal
- Endocrine disorders

Schedule an appointment with Dr. Mazulis today by calling 866-542-3241.

**Three Locations  
Open 24/7 for Your  
Convenience!**

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360 Bluemound Rd

**GRAFTON**  
1381 Pt Washington Rd

**RACINE**  
433 Old Green Bay Rd

**866.542.3241**  
**wvrc.com**

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