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For Dogs & Their Humans

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Spring 2019



Adventure Bound

Trailblazing issue

Meet the

Lakeland Terriers

The Ultimate Trailblazing Guide For Pet Parents

COVER DOG



About KATE:

Kate definitely has a routine! Up at 7:30 a.m., Kate is a Cedarburg resident with a tenacious attitude for getting her job done. Primary job: Find treats! As an established local, Kate enjoys her stroll around town collecting her tasty treasures, starting with the gas station. Once she receives her daily bone from the attendant, off she goes to her next stop, Penzeys Spices, where she will definitely put on the brakes even if they aren't open yet. She's got them pegged. During business hours, the employees there love to give her and other local canines treats as they pass by. And though she may put on the charm for these folks, her owner Nora Clark says she is definitely "a tough and difficult dog." She warns interested individuals to research the breed prior to owning. Kate is well-known for marching to the beat of her own drum, and Nora proclaims that any dog who may visit her will need to have their collar and leash removed prior to entering Miss Kate's domain. Otherwise, Kate will take them for the ride of their life. What a stinker!

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Kate loves Penzeys Spices!

COVER & BREED PHOTOS BY IN-FOCUS PHOTOGRAPHY

THE INSIDE SCOOP

inside every issue

- 6 **Editor's Paw**
- 10 **Breed Profile:** Lakeland Terriers
- 22-25 **K9 Marketplace:** Local Listings
- 31-35 **Fetch Me If You Can:** Adoptables
- 33 **A Dog's Life:** Event Calendar
- 36 **To The Rescue:** Rescue Directory
- 37 **Activities For You**

features for fido

- 16-21, **Guide: Trailblazing New Products**
- 26 **And Adventures For Pets**

canine columns

- 8 **The Vet Is In:** New Advances in Diabetic Care
- 12 **The Hydrant:** Dogfighting
- 30 **Celebrity Paw Profile:** Ernie has a Nose for Science

fetch's xtras

- 14 **Wisconsin Parks**
- 28 **Off The Leash:** Kenosha Running Company
- 29 **Cat Corner:** Sip & Purr, Milwaukee's first Cat Cafe

FETCH

MAGAZINE

SPRING 2019

Volume 16, Issue 1

Top Dog

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Circulation: 13,000 to 15,000 copies quarterly

Distribution: 300+ locations throughout southeastern Wisconsin. Including vets, groomers, pet stores and much more!

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EDITOR'S PAW



Dear FETCH Friends:

This past winter, I took a huge leap out of my comfort zone, and I left my two kids home with their respite therapist while my husband and I spent a week in Sedona, Arizona. It was an experience. And a cold one at that. But every experience teaches us something about ourselves that perhaps was lying dormant. I learned that I much prefer vacations where there are palm trees, high temperatures and an ocean view. Just kidding, I knew that already.

What I truly learned was that no matter where I go, so does the anxiety of being a mother (to human and fur babies alike). I cannot escape it. But trying something brand new allows me to adjust my perception of my life. It allows me to appreciate what I have but also tweak my goals and wants for the future.

This issue is about trying something new (for you), stepping out of yourself and either trying a new activity or procedure, going to a new place or buying a new product (if you want to start small). Or maybe you want to dive right in and start big. Like join the cause against dogfighting, enroll in a dog camp (in or

out of state), adopt a dog or start a canicross team with your best four-legged friend. The sky is the limit.

Everybody needs a change at some point in their life. I just happen to be a person that likes A LOT of change. So explore this issue to the best of your ability. Take notes, make a phone call or two, tell a friend about a dog that needs a home in this issue, but please don't just do nothing.

Nothing is boring. It's a sure way to not grow for both you and your dog. The human-animal bond is one of the utmost amazing relationships to develop. It does take a sense of wonder and some pocket change because nothing is completely free. Everything comes with some risk.

To taking risks and adopting change,



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THE VET IS IN

Continuous Glucose Monitoring: New Advances in Diabetes Care

BY MEGAN TREMELLING, DVM, LVS

The practice of medicine is always evolving. Like other forms of science, it follows a meandering path, sometimes getting lost in false trails and dead ends but always working toward better understanding, better accuracy, better tools and better outcomes. It can be frustrating for researchers to struggle for years to understand a thing or to find out that something we thought we understood was actually wrong, but the trend is always positive eventually. Nowhere is this more clear than in the state of care for type 1 (insulin-dependent) diabetes mellitus, which occurs in dogs as well as in humans.

Diabetes has been known to physicians since ancient times, but it was not until the 1700s that scientists began to understand how the disorder worked, and it was not until the 1920s that insulin was named, isolated and purified to a degree that it could be used to treat diabetes effectively.

Dogs have long been part of diabetes research. The Canadian researchers who first developed the use of insulin worked with dogs before attempting the treatment on humans. Unfortunately, dogs' early role was exclusively as research subject. In the days before animal welfare regulations were enacted, dogs could and did suffer terribly for the sake of knowledge. The silver lining to this grim cloud is that as companion animal medicine became more established, the knowledge gained could be applied to pets as well as to their owners. By the 1940s, veterinary journals were reporting on the diagnosis and treatment of naturally occurring diabetes in dogs. As the care for humans with diabetes has improved, so too the care for pets with diabetes has improved.

For the management of human diabetes, several types of insulin are made, varying mostly in how quickly they are absorbed and how long they last. This allows veterinarians some options in the choice of insulin therapy for dogs.

Another important development in diabetes care has been an improved ability to measure glucose levels in the urine and, later, in blood. Now, instead of choosing insulin doses on the basis of clinical signs, doctors can calculate appropriate doses of insulin that are customized to their patients. For many years, humans with diabetes have used home blood glucose monitors, obtaining small samples of blood from their fingertips with lancet devices designed for the purpose. It is an unpleasant but very beneficial part of diabetes management, and all humans with diabetes who have access to modern medical care are taught to do it. Unfortunately, home monitoring of blood glucose in pets has not become universal.

The obstacles to home monitoring of blood glucose in dogs are several. In the first place, obviously, dogs don't have fingertips. It is possible for an owner to obtain blood samples at home,

using the lancet devices on their dogs' ears or pads, though some dogs tolerate this procedure better than others. The second challenge, and perhaps more important, is that it can be challenging for veterinarians to teach owners how to correctly interpret the data they obtain. Humans with diabetes get immediate feedback in the form of their physical condition. Low blood glucose and high blood glucose both cause symptoms that often can be recognized and treated before they become too severe. While we think it likely that dogs can feel their lows and highs in a similar fashion, they can't tell us about it. This means that attempting to keep their blood glucose under very tight control can backfire and cause more serious problems. I know veterinarians who refuse to have their clients check blood glucoses at home because too many clients in the past have misinterpreted the data and caused inadvertent harm to their pets.

How then do veterinarians manage pets with diabetes? We rely on clinical signs and some in-hospital testing. A test called a glucose curve requires the pet to spend the day at the veterinarian's office having blood drawn frequently for glucose testing; then the veterinarian assesses the information and makes recommendations on how to dose insulin. This test has some serious limitations. A glucose curve paints a picture of one day only, while dogs, like humans, vary day to day, so the glucose curve may give too small a picture. We also use a blood test called fructosamine (similar to the A1C test used in humans) that gives one number to reflect average blood glucose over several weeks, but that may be too big a picture; it doesn't give details about what time the glucose decreases, how long it stays down or when it goes up.

Enter the newest development in canine diabetes management: continuous glucose monitoring.

Continuous glucose monitors (CGM) have been used for humans for years. They consist of a tiny sensor that is implanted under the skin along with the accompanying equipment to record the information obtained. Glucose readings can be obtained about every five minutes. Many humans with diabetes wear a CGM every day, using the constant stream of glucose readings to guide their insulin therapy. In some cases, the CGM can be paired with an insulin pump so that the human doesn't even have to intervene to treat highs and lows; it is done automatically.

Recently, veterinarians have begun to adopt the use of CGM for their patients. There were some bugs to work out since some of the systems designed for human use did not work well on veterinary patients, but improvement has been made, and there are now CGMs that are proven to be accurate in dogs, small enough to be used on even tiny dogs, and affordable for owners. There is no need for a dog to wear a CGM all the time. Rather, veterinarians place a CGM on a patient and leave it for a few days to a week, collecting data as the dog goes about its usual routine at home. Then the veterinarian can use all this information to make better recommendations about insulin use.

CGM is blazing new trails in the care of pets with diabetes. We can hardly wait to see what the next technical breakthrough brings us!



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BREED PROFILE

Lakeland Terriers

Marching to the Beat of Their Own Drum

BY PAMELA STACE, FREELANCER

Katerina, or Kate, our cover dog, shares her name with Shakespeare's famous heroine Katerina from "The Taming of the Shrew." It seems that both Kates share a number of qualities including stubbornness, intelligence, independence, loyalty and devotion.

Like Shakespeare's Kate, Lakelands, "Lakies" or "Laplanders" do what they want to do and can be quite bold! The cover dog's owner Nora Clark says that her girl is friendly and well-behaved but likes things her way! The "Little Tank," as Nora calls her, loves to be out in the snow but refuses to wear a coat. She loves to play, but can get a bit rough.

History has it

The Lakeland terrier originated in Cumberland, England's Lake District, sometime in the 19th Century. This makes it one of the oldest of the terrier breeds. As sturdy little dogs with a dense, wiry double coat, they were originally

bred to work independently from humans, hunting vermin over rocky terrain. Farmers also used Lakies together with hounds to keep foxes away from their sheep during lambing season. These dogs were bred to be tough, athletic and ready to take on anything big or small that got in their way. Coming from lake country, they adore water. The Lakeland is related to the now-extinct Old English black and tan terrier, the Bedlington terrier, the Dandie Dinmont terrier and the border collie. The Lakeland terrier was recognized by the AKC in 1934 and in 2018 was ranked 138 among registered breeds.

Life at Home

Lakies can do well anywhere, but they do best with a thoughtful and understanding owner. Highly energetic, sneaky and with a mind that never stops, they not only enjoy having a daily job to do, but **MUST** have one. Because they are very headstrong, Lakies need early socialization and training in order to effectively channel their natural eagerness, curiosity and intelligence. They are perfectly capable of finding their

own fun around the house and can get into trouble there. So it is best for their owners to find ways to keep them busy! They love people and make especially great lap dogs! Lakies can take a long time to housetrain, but with patience and persistence they will get there! They may be overly protective of their humans or aggressive around other dogs. They are very intuitive and can really tune into the health issues and moods of their owners. Lakies are good watchdogs, but it is important that they be discouraged from being too barky. They are considered non-shedding, and they are a good choice for people who are allergic to dogs. Cover dog Kate lives with cats, but Nora warned that she would not recommend this breed for those who own kittens or rodents. They do well with children who can respect their personal space.

Keeping Things Active

The Lakeland terrier loves learning, but because they are fiercely independent, they can be a challenge to train for obedience. Lakies do very well, however, in agility, conformation, tracking, rally, and especially earthdog trials, where small dogs such as terriers show off their hunting talents within constructed underground tunnels. They love navigating these courses that are similar to the narrow rocky caves of their homeland. They are becoming increasingly popular as therapy dogs.

Health of Their Own

Lakelands are generally very healthy but can suffer from genetic eye problems such as cataracts, glaucoma and lens luxation. They may also experience a blood clotting disorder called von Willebrand's disease.

Sense of Humor Required

Lakeland terriers are impish, happy, confident and comical. Their clownish antics will make you smile and sometimes make you laugh out loud! They love being the center of attention and are more than happy to assume the role of the star when you are out walking! So owners, be prepared to let your Lakie strut their stuff.

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June 22, 2019



Links: The United States Lakeland Terrier Club is the AKC parent club that supports the preservation and enhancement of the breed, as well as supervising rescue and adoption activities and encouraging sportsmanlike behavior at performance competitions. www.usltc.org

Stats: Homeland: Northern England Lake District. Original Job: Being a farm dog—hunting vermin and repelling foxes. Size: 13.5–14.5 inches, 17 lbs. Coat Colors: Colors include blue, black, liver, and red. If saddle marked, the saddle may be blue, black or liver. Grooming: Regular brushing, nail trimming and teeth brushing. For showing, meticulous hand stripping is required. Non-show dogs may be hand stripped, clipped, or allowed to have longer, shaggier coats. Exercise: Daily exercise needed. Lifespan: 12–15 years.

THE HYDRANT

Recognizing Dogfighting: A Horrific, Loveless Life Lived by Too Many

BY MICHELLE SEROCKI, FREELANCER

There are things in this world that many of us don't want to think about, talk about, or even read about. I understand that and am certainly not immune to it. I too would like to look the other way and pretend that some things don't exist—things such as dogfighting. However, there's a big problem with burying our heads in the sand: Education and awareness can cause big change in our world.

I've been educating myself and the public about the heinous "sport" of dogfighting for almost 10 years. It's almost as hard to teach about as it is to learn about. I'm not a shock value educator. It doesn't make sense, especially when it comes to dogfighting. It's naturally scary, violent and awful—plain and simple. There's no need for embellishment to make it sad or gruesome or heart-breaking. I encourage you to continue reading because the knowledge that you gain could end up saving a life somehow. I promise I'll be gentle for the ultimate benefit of some potential survivor out there who needs you to pay attention and understand.

The Humane Society of the United States (HSUS) estimates that more than 40,000 people participate in organized dogfighting in the U.S., and hundreds of thousands more take part in impromptu street dogfighting. Those numbers are staggering and unexpected by most when they first hear them.

Most Americans have heard of one dogfighting bust in 2007. NFL superstar Michael Vick was caught and prosecuted, and 53 dogs were saved from the appropriately named Bad Newz Kennels. Many think this was an isolated incident or that dogfighting doesn't exist anymore. Unfortunately, that couldn't be further from the truth. It's likely that thousands of dogs are living a horrific life at this very moment, waiting for their next brutal training session, their next fight and their next day of living a loveless life.

Ten years ago, on July 8, 2009, was the largest dogfighting bust in United States history. Over 400 dogs were removed in 10 hours from multiple properties in multiple states. Those 400-plus dogs went on to have more than 120 puppies in the following 60 days. The surviving dogs and their offspring became known as the Missouri 500. Four years later, on August 23, 2013, the second-largest dogfighting bust took place. This one confiscated



367 dogs from multiple properties and states and became known as the Alabama 367. These historic busts, along with at least three others in the 10 years following the Michael Vick bust, netted over 1,200 dogs from organized dogfighting situations.

Although organized dogfighting is most prevalent in the southern states of the U.S., there are problems in all areas of the country, including Wisconsin. The Milwaukee area had a couple small-organized busts in 2011 and 2014, where less than three dozen dogs were confiscated from each. Milwaukee, like larger cities, is home to a street-fighting problem rather than the large-scale organized rings that are found further south. Street fighting is common in urban areas where people face off their dogs in primarily unplanned altercations. Many times the fights are for resources such as clothes, shoes or small amounts of money. Other times fights are used for street cred or status.

Break the Cycle

There are things you can do to help end the barbaric abuse.

1. Tell your family and friends about this article, and raise awareness of this problem. Education and awareness are the two best ways to end violence.
2. Help local organizations to fight this type of cruelty. Check out the Brew City Bully Club and how they're working against dogfighting. brewcitybullies.org
3. Support national organizations efforts too. The Humane Society of the United States and the ASPCA both do amazing work against dogfighting.

We all want to live in a world without animal cruelty, abuse and dogfighting. We all want to see the day when dogfighting has been eradicated from our community, country and world! Get involved in one way or another. The more we unite in our stand against animal crimes, the quicker we will see progress!

POSSIBLE SIGNS OF DOGFIGHTING

The following photos show equipment, supplies, and other signs to look for if you suspect dogfighting is taking place at a residence.



PIT BULLS ON HEAVY CHAINS

Many dogfighters keep pit bulls on heavy logging chains, sometimes with padlocks. In urban areas, the dogs are often kept in basements or otherwise confined. If a home has multiple pit bulls who seem abused, injured, unneutered, or unsocialized, it is highly possible they are being used for dogfighting.



SCARRED DOGS, ESPECIALLY PIT BULLS

Fighting scars can be found on the face, front legs, hind ends, and thighs. Puncture wounds, swollen faces, and mangled ears are also telltale signs of fighting. If you see dogs with these characteristics, contact law enforcement or animal control immediately.



TREADMILLS

Dogfighters use treadmills as conditioning tools, either homemade, like the slatmill shown, or electric. Look for a chain or harness used to tether a dog to the treadmill.

FIGHTING PIT, OFTEN WITH "SCRATCH LINES."

Pits are often constructed from plywood and measure 14 to 20 square feet, with walls 2 to 3 feet high. Look for blood stains. Pits can also be constructed from chain-link fencing or makeshift materials such as hay barrels. Diagonal scratch lines are drawn in two opposite corners. The dogs stay behind these lines until the referee orders them to be released.



WISCONSIN PARKS

With spring right around the corner, Wisconsin offers several park locations worthy of your attention. And depending on your time commitment and preparation, why not make a date for you and your dog to explore the great outdoors together. Just don't forget an ample amount of drinking water and bug spray, and of course a leash, as there are rules to visiting state parks with pets.

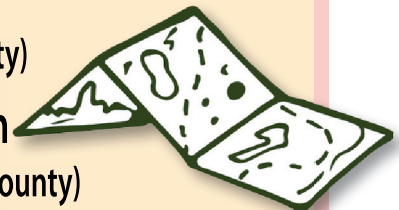


- Pets must be leashed at all times.
- The leash must be no longer than 8 feet.
- Pets should not be left unattended.
- Keep pets from disturbing other park goers.
- Clean up after pets and dispose of waste appropriately.
- Only go where pets are allowed to go.



**PETS
WELCOMED!**

- Picnic area at Connors Lake
(Flambeau River State Forest, Sawyer County)
- Swim/Picnic area next to Cox Hollow Beach
(Governor Dodge State Park, Iowa County)
- Swim area north of beach
(Governor Nelson State Park, Dane County)
- Swim/picnic area at south beach
(Harrington Beach State Park, Ozaukee County)
- 2 picnic areas - lower park and by park office
(High Cliff State Park, Calumet County)



- Picnic area located in second loop of the River Bottoms Area (Interstate State Park, Polk County)
- 3 swim areas: Ottawa Lake on the left side of the boat launch; at the Oak Hollow pet swim area at the White water Lake Recreation Area; and at Rice Lake on the right side of the boat launch (Kettle Moraine State Forest Southern Unit, Waukesha County)
- Swim area
(Lake Kegonsa State Park, Dane County)
- Picnic areas, one at Big Falls and one at Little Falls and an area next to the main picnic area
(Pattison State Park, Douglas County)
- Swim area
(Whitefish Dunes State Park, Door County)

*INFORMATION OBTAINED FROM WISCONSIN STATE PARK SYSTEM

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6th Annual PuppyUp Madison Walk!

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TRAILBLAZING GUIDE



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10 Unusually Cool Pet Products Every Owner Will Want

BY CHERESE COBB, FREELANCER

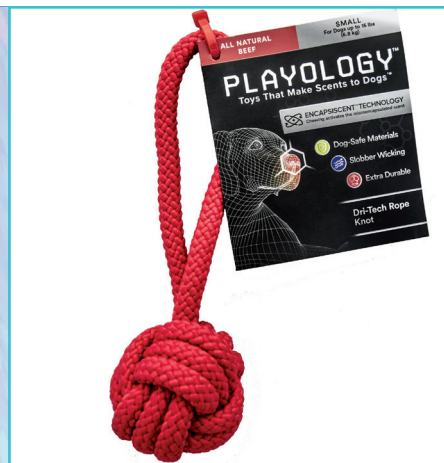
Don't we all want our pets to have the latest and greatest gadgets? Whether furry, feathered or flippers a-flapping, they're part of our families, after all. But there are so many products on the shelves that it's hard to know which ones work and even harder to know which ones your pets will actually like.

So we've rounded up 10 unusually cool pet products that will make you say, "Why didn't I buy this sooner?"



1. Pineapple Microplush Pet Bed
Nandog Pet Gear; \$49
Nandog.com

Your pupperinos don't have to have square pants or live in Bikini Bottom to nestle in this pineapple-shaped pet bed. Featuring a bright, tropical yellow exterior with a leafy green top, this cheerful and spacious cuddler cave is the perfect hidey-hole for a midday snooze or a sound night's sleep. Designed with both comfort and convenience in mind, it fits snugly in tight corners and has a non-toxic, polyester cushion that can be hand-washed, keeping it as fresh as an island breeze.



2. Playology Dri-Tech Rope Knot Dog Toy
Playology; \$9.99
Playologypets.com

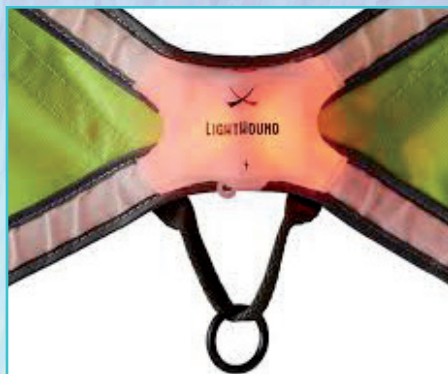
Do you find yourself buying expensive dog toys and watching them be chomped to bits in minutes or hours, if you're lucky? Then let your destructo-pups roughhouse with this extra-durable rope knot by Playology. It's infused with an all-natural chicken, beef, bacon, cheddar cheese or peanut butter scent that lasts for at least six months, even after being rinsed with warm water. Made with fibers that wick away slobber and can't be swallowed, your woofers will be tied in knots while noshing on this game-changing chewer.



3. Smart Pet Love Snuggle Puppy™
PetSmart; \$39.95
PetSmart.com

Crate training, thunderstorms and fireworks can make your dogs feel like cables that are being stretched too tight and beginning to fray. Melt away your dog's stress and curb their bad behaviors, like excessive scratching

and snarling, with the Smart Pet Love Snuggle Puppy. It features a real-feel, pulsing heartbeat that lasts up to two weeks on one set of AAA batteries and a non-toxic, disposable warming pack.



4. Noxgear LightHound
Noxgear; \$55.95
Noxgear.com

Made with military-grade CORDURA® fabric, the Noxgear LightHound is like a party on a leash, with solid-color flashing and slow-fading color modes such as cool comet, independence day and photon burst. With 360-degree illumination, reflectivity and fluorescence, it's visible for over half a mile. The LightHound is weatherproof, lightweight and machine washable with micro-USB rechargeable LED lights that last up to 12 hours. It quickly slides over your dogs' favorite collars, harnesses or jackets, making sure that they're always home-ward bound.



5. Petcube Play
Petcube; \$129 with 1-year care subscription
Petcube.com

Ever wondered what your pets get up to when they're home alone? While they're probably not massaging themselves

with your KitchenAid, they might suffer from separation anxiety, depression or boredom. If they're nibbling on your Nike Air Prestos, puffing up at the mailman or swatting at your vintage Tiffany lamp, break their anxiety with Petcube Play.

Featuring two-way audio, night vision and 3x digital zoom, it has a built-in laser that can be set to auto-play. The WiFi pet camera also has a cloud recording video service that provides up to 10 days of timeline history, reporting major sound and motion events straight to your smartphone.



6. Chuckit! Flying Squirrel
Natural Pet Warehouse; \$9.99
Naturalpetwarehouse.com

Here's one squirrel who loves being chased. The Chuckit! Flying Squirrel is made from heavy-duty canvas that will withstand rugged play while its soft, curved sides are gentle on your dog's mouth. Fling him by his bright orange "paws" for a far-flung game of fetch. He also glows in the dark for engaging outdoor play, ideal for pets who are active at night or pet parents who work mid-shift. With water-resistant rubber feet, he floats in water for a splashing good time at the pool, lake or ocean.



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7. Pretty Litter
Pretty Litter; \$22
Prettylittercats.com

Unless you're able to toilet train your cat like Robert De Niro in "Meet the Parents," you're stuck with a litter box that has big, ammonia-smelling lumps and dust clouds. Tired of masking the smell of urine and feces with baking soda and lifting 20-pound bags of litter? Try PrettyLitter. Made of highly absorbent silica microcrystals, it traps

odors and bacteria while allowing moisture to evaporate. So you'll only have to scoop the poop. For a single cat, a four-pound bag lasts an entire month and detects illnesses early, simply by changing colors. Yellow and olive green are normal, while blue, red, bright green and orange are telltale signs of UTIs, inflammation and kidney issues.



8. Woolly Snuffle Mat
Paws 5; \$39.95
Paw5.us

Handmade from a combination of virgin and upcycled materials, the Woolly Snuffle Mat is a playground for your canine's nose. Hide kibble, treats or soft veggies between its fabric tassels and your dogs will snuffle, snort and sniff their way through dinner or snack time. Available in modern gray and machine-washable, this interactive puzzle toy encourages natural foraging skills by mimicking the hunt for food in grass. If your walks are growing shorter because of sour weather, your jam-packed schedule or your senior pet's achy joints, it improves learning

and memory while burning off excess energy.



9. Rover 7v Battery Heated Dog Jacket with Bluetooth
Cozy Winters, \$119
Cozywinters.com

The Rover Battery Heated Dog Jacket is worth investing in before Mother Nature's next snow parade. Made from a lightweight nylon fabric, it has a neck collar slot for on-leash activity and Phoslight reflective safety trim. This Bluetooth dog vest uses powerful yet lightweight rechargeable lithium-ion batteries that can last up to 13 hours. Change its temperature (90°F on low to 104°F on high) on-the-fly wirelessly with the MW Connect app or use the built-in touch control button. Available in navy or red, it also comes in "Rover" for larger dogs and "Rover Mini" for toy-sized pets.



10. The Fat Cat Backpack
Your Cat Backpack; \$119
Yourcatbackpack.com

Whether you're using the Fat Cat Backpack to explore the great outdoors or take regular trips to the vet, it's never been easier or more adorable to carry your cat. Designed for big-boned breeds like Maine Coons and American Bobtails, this bubble bag holds nearly 20 pounds. It also has a bungee where you can clip a leash or harness so your cat can just hang out. Featuring mesh sides where you can stash treats and a water bottle, The Fat Cat has air holes in the front, a detachable bubble and a Velcro mat that's machine washable. Available in charcoal or pink, it has enough room for your feline friend to lay down and turn around completely.



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Embrace New Activities & Help Battle Winter Blues

BY LAUREN NELSON, FREELANCER

After the polar vortex brought in wind chills of -55 degrees at the end of January, it's safe to say every pup is ready to stretch their legs and embrace spring with fresh and fun things to do. Searching for new activities for dogs to get involved in can be tricky as they range from dog-sports to simply finding mind-stimulating games to give dogs on a rainy day. Whatever the activity level of your furry friend, there's sure to be something here they can happily put their paws into.

High Activity Level:

Flyball is a new, unique, fast-paced team sport for dogs. The relay-style race is a perfect match for all healthy, high-energy dogs regardless of size, age or breed.

The sport goes like this. There are two teams made up of a minimum of four dogs. These two teams race side by side down a course of four jumps that are set to five inches below the shoulder height of the shortest dog on the team. Once they complete the four jumps, they get to a Flyball box. The box holds a tennis ball that ejects when the dog hits the front of the box. The objective of Flyball is for each dog to go over the jumps, hit the box, catch the ball and return over the jumps as fast as they can with the handlers remaining behind the start/finish line. Each dog takes a turn running the course and the round is complete when all four dogs have passed the finish line with no errors. The win is determined by the fastest team who completes three out of five heats.

The first step to entering the Flyball world is to first schedule and examination of your dog with your vet. It's important to make sure they don't have any underlying conditions that might be triggered by the impact of

the sport. After the all-clear from the vet, command and obedience training is key.

Flyball encourages the improvement of focus and motivation and is different from agility because it requires teamwork between all dogs and handlers on the team. To be successful, they all must work together throughout the entire challenging, complex and fun sport. Other activities high-energy dogs excel at and require handler interaction and training are agility, disc training and dock diving.

Moderate Activity Level:

Canicross is cross country running with a dog companion and is dog-powered. The dogs are harnessed and attached to the human, and they work as a team to complete the race. The human acts as the driver, directing the dog where to go from behind the lead using voice commands. It's an easy, low-impact sport for both dogs and humans. It also provides a method to get a human and a canine fit but works the dog's mind and allows them to use their brain in a work mode. Any breed is welcome into the sport as long as they are fit, healthy and able to run distance.

Low Activity Level:

Dog puzzles and games are a perfect fit for low-energy dogs who prefer to be more stationary. Interactive toys are designed to help keep dogs working, challenge them mentally and get their heart pumping. Every dog is different, which is why different personalities and breeds may dictate the most successful puzzle or game. Regardless of the toy that works best for each dog, the bottom line is that an occupied mind makes a happy dog. Some of the highly reviewed puzzles and toys include the Dog Tornado Puzzle, Treat Maze, Bob-A-Lot and the Dog Brick Puzzle.



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Taking A Day Trip

BY LAUREN NELSON,
FREELANCER

Whether it's a day trip to a dog-friendly state park or a weekend away at a disc dog competition, preparation is key. But where does one start to prepare when a simple Google search can deliver an abundance of overwhelming recommendations? Easy. Start here!

Before any shopping begins, make an appointment to visit the vet. Having a dog up-to-date on vaccines and ensuring their microchip is working will make trips away from home less stressful. A quick checkup can also prevent any minor unnoticeable injuries from escalating while hiking or participating in any physical activity. After getting the go-ahead from the vet, pack these five essential products that are a must-have for an easy, breezy trip.



1. Harness With Leash: Choosing a harness over a traditional collar can prevent injuries and can give the handler more control. A harness disperses the pressure from one smaller area on the neck, to the back and the body. Harnesses are also great training tools as they discourage pulling. When a dog is wearing a collar and pulls on the leash, they are still moving forward, which makes them think the pulling is successful. A harness, whether attached on the chest or between the shoulder blades, redirects them. There's no reward because pulling doesn't get him anywhere. Harnesses have varied features and uses to help decide which caters best to the specific needs of each dog. Do your research before deciding on the best fit for your dog. Consider the safety, durability, style, comfort and cost.

Some options may include:

- Nylon
- Soft mesh

- Fleece
- Cooling
- Reflective or light-up LED
- Easy-walk
- No-pull
- Heavy-duty
- Padded neoprene
- Front-clip, back-clip or tightening
- And more...



2. Poop Bags: Being a responsible dog owner means picking up after your dog and being mindful about how the bags affect the environment. GreenLine Poop Bags are strong, durable bags that are designed to be biodegradable anywhere, even in landfills.



3. Water Jugs & Bowl: When traveling anywhere with a dog, bringing water is a must, and there are several different collapsing bowls or traveling mugs. For instance, Kurgo's Collaps-A-Bowl makes it very easy to give your dog water on the go. This travel companion is barely an inch thick and collapses to fit anywhere. It holds up to 24 fluid ounces and is dishwasher friendly as well as BPA free. When thinking about packing water, the ASPCA recommends bottled water to avoid



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upsetting your dog's stomach with new tap water.

4. **Food and Treats:** Every dog works up an appetite when taking on new trails or participating in high-flying competitions, so packing snacks is non-negotiable. It's also a good idea to keep kibble and treats on hand to reward good behaviors throughout the day and work on obedience training. Choosing the right food or treats is subjective. So go with your gut since you know your dog best.



5. **Flea and Tick Collar:** In the outdoors, fleas and ticks wait to pounce

and can cause some serious health issues if they find their way under your pets' fur. In addition to using preventive care every year when going outdoors, especially during the spring and summer when fleas and ticks are most active, it's important to have extra protection. Earth Animal Flea and Tick Collars have a special combination of Virginia Cedar, Peppermint and Almond Oil, and the collars to repel both fleas and ticks. They are safe for animals, humans and the environment. When returning home, don't skip checking your pets' fur for fleas and ticks after they've been in the outdoors.



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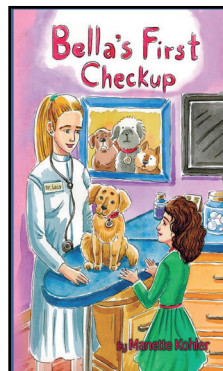
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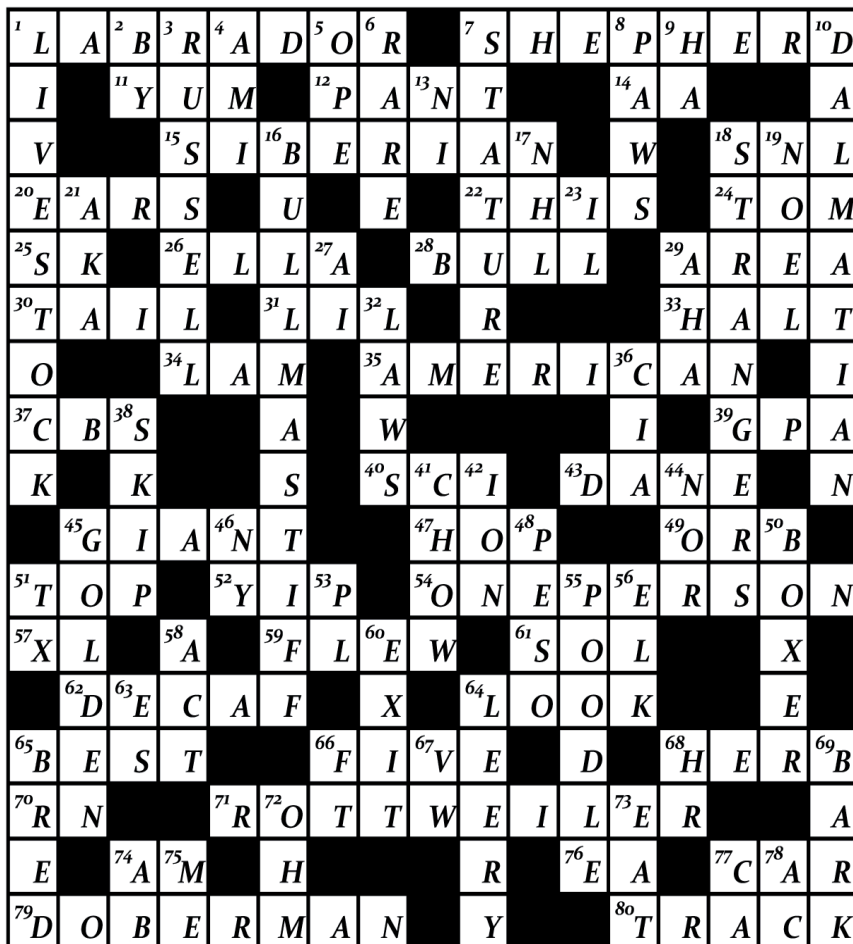


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Camps Create A *Magical* Experience for Pets & Owners

BY PATTI MURACZEWSKI, CPDT-KA,
CABC, BA

I was 40 years old when I presented at my first dog camp: A camp designed for dogs and their owners who want to have a great time in nature. I wasn't prepared for being wowed, and after 20 years of presenting at dog camps, I continue to be wowed. I am proud to be an instructor with Camp Dogwood, the only dog camp in Wisconsin, and one of only a handful across the country.

Staff and campers find it hard to explain why this experience is so addicting, so much so that many campers vie to get a spot for the next camp before the current one is even over. The closest word that I have heard used to describe this experience is "magical." I think this is because everyone attending is enjoying valued time with their best friend or best friends as campers can bring up to three dogs at Camp Dogwood. However, that is just one part of it.

People who attend are like me; they want to learn more about activities there that they can continue to do with their dog at home. The camp offers very active sessions such as hiking and lectures about all dog-related topics, as well as hands on activities such as baking for your dog. An incredible bond is formed. It is like what young people often feel when they attend a children's summer camp. What is different is these camp friendships are not as fast to slip away because social media makes it easier to keep in touch afterward.

Camp Dogwood was started at Camp Henry Horner in Illinois but a few

years ago moved to Perlstein and Chi Resort up at the Wisconsin Dells. The move opened even more experiences to share with your dog specific to the Dells area. Every fall and spring, campers are given the opportunity to take a ride on the Wisconsin Dells Ducks and yes, with their dogs! The hiking paths are long and the camp acreage is large and beautiful.

Most of the camps throughout the country are attached to a lake that provides a great place for dogs to swim at the spring and fall camps. At Camp Dogwood in the wintertime, if there is solid ice on the lake, dogs can learn to pull a sled or mush on the lake. Last year, a pair of Cavalier King Charles Spaniels seemed to have a better time pulling than even the Nordic breeds.

The variety of activities are vast, but camps pride themselves in introducing sports and activities that are on the cutting edge. This means you can count on something new being added to almost every camp. Some of the newest activities added at Camp Dogwood are core conditioning for dogs, dog friendly yoga, shed hunting and brush hunt. This always keeps the camp fresh.

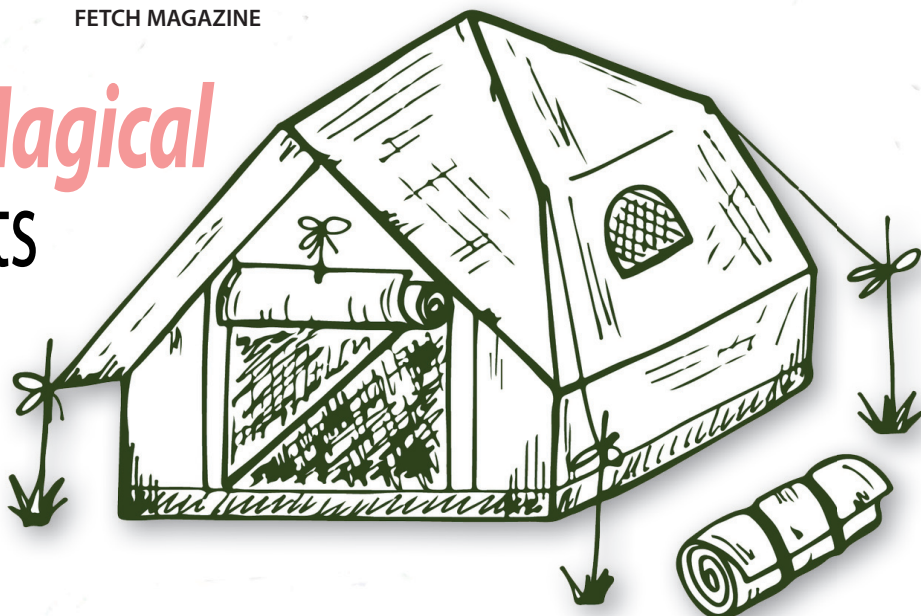
Like any type of camp, crafts are offered. Most crafts offered center around dogs such as handmade leashes, dog bowls, etched glass, friendship stones, flirt poles or snuffle mats. Dog camps vary in

the number of days they run. One of the camps out east, Camp Gone to The Dogs, offers a week of activities while other camps run for three to four days. Alysa Slay and Dave Eisendrath co-founded Camp Dogwood in 2001. Alysa found that some campers wanted a longer experience. Camp Dogwood now offers extended camp, and this allows the campers to come a day early just to chill. Needless to say, extended camp has become very popular. The cost of this experience varies, but it can average around \$225 per day, which includes lodging and meals.

National Camps

If anything in this article appeals to you, take the time to look up and research the various dog camps to discover what they have to offer. There are a number of camps throughout the country, and each camp has its own flavor. Here is a list of some of the existing camps: Camp Dogwood, Wisconsin Dells, Wis.; Camp Gone to the Dogs, Stowe, Vt.; Camp Unleashed, Mass. and Georgia; Canine Club Getaway, Lake George, N.Y.; Dog Scouts of America; and Maian Meadows Dog Camp, Lake Wenatchee, Wash.

It is not unusual for someone to travel across the country to attend a camp. It's a wonderful opportunity to see different states with your best friend.





WASHTUBS

Prior to a fight, handlers wash and examine their opponent's dog under a referee's supervision in order to remove any poisonous or caustic substances that might have been applied to the dog's coat (a method of cheating).

VITAMINS, DRUGS, AND VET SUPPLIES

Although these items may have legitimate uses, they are often found in connection with illegal dogfighting operations. A few commonly used drugs include dexamethazone (steroid), amoxicillin and ampicillin (antibiotics), Canine Red Dog (iron supplement), and Winstrol-V (steroid).



BREAKING STICKS

These are used to pry open a dog's mouth in order to break up a fight. They are about a foot long, flat on one side, and often bloodstained.

JENNY MILL OR CAT MILL

This resembles a miniature horse walker. Harnessed to a spoke projecting from a rotating center shaft, the dog chases a small bait animal such as a rabbit or cat who has been caged or tied to a spoke just ahead of the dog. This activity encourages prey drive and physically conditions the dog.



DOGFIGHTING PUBLICATIONS

Dogfighters keep track of winning dogs and bloodlines through underground publications such as the *Sporting Dog Journal*. Other titles include *Scratch Back*, *International Dog Journal*, and *Certified Contender Report*. It is illegal to ship these magazines through the U.S. mail.



SPRINGPOLE

This device conditions a dog for fighting by building up his neck and jaw muscles. The dog bites and holds onto the springpole, made from a rawhide, knotted rope, tire, or other material suspended from a beam or sturdy tree branch.

OFF-THE-LEASH

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Got an uncanny desire to bond with your dog by hitting the ground running? Well, have you considered canicross? This sport is fairly new to the United States and gaining popularity due to its ability to strengthen the human-animal bond. It began in Europe as a way to dry-land train sled dogs during months with no snow. From there, it slowly transitioned to its own sport. And although the sport started out with people participating with typical mushing dogs such as Huskies, Malamutes and Chinooks, all breeds now participate in canicross. All that is required is a desire and ability to run for both human and dog.

Which trails are used and why?

Our events take place on trails throughout Kenosha and Walworth Counties that allow for a wide-open grassy start prior to entering the technical single-track trails. This allows for the natural seeding of the start field allowing the faster athletes to be ahead of the slower ones. This will help prevent the need to pass on the narrower paths. The parks that our canicross events take place in are not very technical as we are trying to be the gateway to the sport of canicross... making everyone feel welcome and willing to try.

Trails are used for canicross running because running on hard rough surfaces such as concrete and asphalt cause wear on the dog's paws and undue stress on the joints. They do not have the benefit of the cushioned shoes that we as runners wear. The softer surfaces such as dirt and grass provide cushioning that is beneficial to both the dog and runner.

Why do people participate in canicross?

The people who have participated in our events do it for a variety of reasons. Some people see it as a great way to bond with their dog. Some of our participants that have adopted dogs to run canicross say it has improved their relationship with their dog making them more mindful

and less destructive at home. Other people have participated in canicross to stay in shape and keep their dog in shape as well. It is hard to say no to running when your running partner is always looking at you with those puppy dog eyes. Some people also use it to save time. They love to run and they love and need to exercise their dog. Combining the two just makes sense.

Canicross also helps the dog with their socialization. Dogs are more at ease because they are doing an activity they love; therefore, interaction with other dogs may not be as stressful.

How does one get started?

To get started in our canicross events, there is no special equipment needed. Your dog just needs to be in good health, and you need to have the ability to control your dog. As a beginning athlete, we always allow you to start at the back of the canicross pack or even back with the trail runner/walkers if it is a combined event. We want all athletes to feel comfortable with their pace and control with the dog.

With confidence, and more events under their belt, many of our participants transition to the gear that makes canicross easier for both the person and the dog. Three essential canicross equipment items are a proper harness for the dog, a bungee leash and a waist belt for the runner. The proper fitting harness is important because it will move the pressure of the dog pulling away from the neck and distributes throughout the chest and body. The bungee leash reduces shock for both the human and dog participant by giving a cushion when the dog surges or as the human lags behind. The waist belt is beneficial because it makes canicross hands free. Hands-free is important because if you were to trip on the trails, the first thing you would do is instinctually open your hands to catch yourself, releasing the leash and letting go of the dog. Another reason a belt is essential is when the dog pulls, the force is distributed to your hips and not your back. The moving of the force from your back and the hands-free also helps to create a more natural running gait, helping to prevent injuries, which is essential as you run faster with your dog pulling you.

From a running standpoint, we always suggest that if you are not already running, you and your dog can start training together by doing a couch-to-5k program. Your dog most likely has more fitness but it is best to error on the side of

caution. If you have been running for a while and want to start running with a dog, it is best to ease into running only five to ten minutes with your dog and adding another five to ten minutes every few days.

Is there a fee involved in this?

Our events do have fees associated with them. We try to keep the fees low to not have them be a barrier to trying an organized event. The event fees range from \$30 to \$40 and include event swag and an after party that includes a hot meal, drinks and the best company.

Do dogs enjoy it? Pros & cons?

Canicross is beneficial to both the dog and human. Obviously, canicross provides a great way to be at a healthy weight, encourages healthy bones, joints and ligaments, and promotes healthy rest. In addition to physical benefits to the dog and person, it improves the bond between dog and owner, decreases destructive behavior at home, and provides mental stimulation to the dog as he is processing the environment, the runner's commands and working to pull all at the same time.

Remember, not all people enjoy running and the same goes for dogs. There are some dogs that would rather swim or lay on the couch. You need to respect your dog's preferences for activities as well as check with your vet before undertaking canicross with your pet.

When running with your dog, it is important to always be mindful and watch their behaviors. Dogs cannot tell us when they are hurt or have had enough running for the day. You need to be aware of the non-verbal cues that you need to stop, shorten your mileage or take a rest day or two. If your dog starts to lag behind, drop their tail, pant louder than usual, or even sit down and refuse to move, you need to adjust your running accordingly.

Fueling is an important consideration also for your dog when you undertake running. Dogs burn fat when they run. They will not benefit from a bite of your granola bar or a swig from your sports drink. Due to the fact they do not burn carbohydrates, you should wait at least an hour after they have eaten to exercise. Do carry water with you while you are running and offer it to them, but do not let them gulp. When you are done running, be sure to let your dog cool off before offering a snack or water.

Anything else you want to mention?

Our April event is Dirty Dog Dare at Richard Bong State Recreation Area, Kansasville on April 7. All information about our upcoming events can be found at www.traildogrunners.com. The Kenosha Running Company also will fit and let you test canicross equipment at the events and in their retail location. Please visit www.kenosharunningcompany.com for store hours and to view the selection of canicross equipment we have available. Or you can call us at 262.925.0300 to answer your questions.

COURTESY OF KENOSHA
RUNNING COMPANY



Peek Inside Sip & Purr, Milwaukee's First Cat Cafe

BY CHERESE COBB, FREELANCER

If your plugged-in, constantly on-the-go lifestyle has you on the fritz, or you're cuddle-deprived because of your rental rules, fur-lergic partner or nomadic nature, Milwaukee's first cat cafe, Sip & Purr, can fill that kitty hole in your soul.

Nestled by Black Cat Alley on Milwaukee's East Side (2021 E. Ivanhoe Place), the cafe lets you rent time to hang out with cats, while sipping on Ruby's Coffee Roasters and munching on vegan cheese from The Herbivorous Butcher in Minneapolis, Minnesota. The nearly 2,000-square-foot storefront has a full-service kitchen where Southwest burritos, hummus wraps and s'mores pies are all made in house. "We make our own vegan cinnamon roll with flavors that change with the seasons," says founder and owner Katy McHugh.

Here, you can drink wine, beer or 'cat cocktails' with quirky names like Old Tom Cat and Meowmosa, while petting one of the 10 to 15 adoptable felines that are on the prowl in the cat lounge. They're sourced by Lakeland Animal Shelter, which houses its cats in a cage-free environment. "They have a stress-free environment that really lets their personalities come out," McHugh says.

In a typical shelter environment, many of these cats wouldn't be adopted. There are fearful felines like Jordan who has a blank history and is petrified to socialize with other cats. "Instead of sending Jordan back to the shelter where we knew he didn't have much chance of

being adopted, we gave him his own cage in the back area. He loved it. We spent a lot of one-on-one time with him and gave him treats," she says. "We left the door open where he could go and come as he pleased. By the time he was adopted, he was a lap cat."

The cat cafe also rescues strays from Doha, Qatar, where there aren't any shelters or humane societies. They're spayed, neutered, chipped and vaccinated by Evenstar Charitable Organisation before they get the green light to make the 15-hour flight to the United States. "They're fostered in my house for two weeks," McHugh says.

Since Sip & Purr opened its doors on June 1, 2018, 174 cats have been adopted. McHugh, who has four rescue cats and two Bernese Mountain Dogs, worked as a flight attendant for Southwest Airlines. She was inspired by a big yellow tabby named Gigi who sauntered over and curled up on her lap at a cafe in Amsterdam. "It had been a kind of stressful trip, and petting her released the anxiety. I told my husband, 'I just want to open a place where people can drink wine and pet cats.'"

"We've done cat yoga every Sunday since we've opened, and they've been sold out since." Led by a yogini from Yoga Squad Milwaukee, 10 students bend into cat-cow or prayer squat pose, while their yoga mats act as cat magnets. If adoptable cats like Marley or Zana aren't stretching on your back, they're either running on their exercise wheel or taking a break from all the attention while using their litter boxes in a private area.

"Anything with cats is more fun," McHugh says. If you're a bookworm or a movie buff, Sip & Purr has a monthly book club and a movie night where you can discuss novels like "Maid" by Stephanie Land or view "Weekend at Bernie's" with other cat connoisseurs. There's also a singles mingle. "It was not my idea but it sold out. It's a pretty good mix of guys and girls," she says.

Sip & Purr also brought in Kitten Lady Hannah Shaw, a social media celebrity with 875,000 Instagram followers. There are several pop-up puppy and kitten adoption events already scheduled. The cat cafe has also started a Wednesday morning story time with cats geared toward younger kids. "Our cat lounge concierge wants to do a high tea with petit fours and cats," McHugh says. While there's a Drag Queen Bingo at The Wise in Madison, Wisconsin, the cat cafe has drag queen Sylvia Nyxx. She comes out to read bingo numbers and offer mini (sometimes cat-themed) prizes for the winners.

"We'll be working to be represented at Milwaukee Pride's Block Party and in its Parade," McHugh says. "Singles, retirees, story time, drag queens. We want to have something for everybody." All of the money from the events and cat lounge goes to caring for Sip & Purr's cats. If you want to attend an event, you'll have to sign up quickly. The cat cafe is busier than a three-legged cat in a dry sandbox. It's open from 10 a.m. to 9 p.m., Monday thru Saturday and 10 a.m. to 6 p.m. on Sunday.

CELEBRITY PAW PROFILE



Ernie Has a Nose for Science

BY MANETTE KOHLER, DVM

What do Eastern Tiger Salamanders, Wild Parsnip rosettes, Blue-Spotted Salamanders and Gypsy Moth egg masses have in common? It just so happens they are all target scents that Field Work Partner Ernie is trained to detect, thus aiding in research and conservation work. A couple of these are “indicator species” which means that their populations are used to monitor trends affecting the environment or changes in particular ecosystems; two others are invasive species that are not native to the ecosystem and cause harm to the environment.

Laura Holder, co-founder and executive director for Midwest Conservation Dogs, Inc. (MCDI) owns Ernie, a two-year-old intact male Labrador retriever. Holder is a Certified Nose Work Instructor (CNWI) through the National Association of Canine Scent Work (NASCW) as well as a Certified Professional Dog Trainer – Knowledge Assessed (CPDT-KA) through the CCPDT. “The search for Ernie began after MCDI officially formed in January 2017,” says Holder. “I knew I wanted a Labrador retriever for this type of work due to their desirable temperament, size and working ability.”

She found a breeder with a reputation for breeding dogs of sound mind and body and brought Ernie home in March, 2017 at ten weeks of age, and he immediately began his foundational scent-work training.

“At that age, the process is more of a game than work and included feeding him a portion of his meals as rewards,” explains Holder. “We started by sprinkling food on the ground in front of him, then progressed to food-puzzle toys and eventually challenged him by hiding food in the house and backyard,” she adds. His socialization outings also included scent games. “Once he turned 11 months old, he was introduced to his first target odor, the Blue-Spotted Salamander,” says Holder. “This was done by pairing the scent of the salamander with his favorite reward—freeze-dried meat!”

In past FETCH issues, this column has explored the wondrous olfactory capabilities of our long-time best friend, the domestic dog, covering such topics as cancer and stress detection, deciphering if an accelerant was used to start a fire and aiding law enforcement in searching for and apprehending suspects. It just makes sense that scientists and the conservation world would also utilize dogs’ amazing sense of smell. With up to 300 million olfactory receptors, they truly see their world through their noses. This ability, along with their innate desire to play and to work for rewards, makes them a perfect tool for conservation work and research.

Dogs can cover large areas and all sorts of challenging terrain including dense forests, vast prairie-like terrain and everything in between and they can detect a myriad scents including agricultural pests, apiary inspection and honey bee diseases, aquatic species and diseases, forestry diseases, fungi, insects, plants, scat and fur, even if those odors are masked by other odors.

“Every target scat is like gold to researchers,” according to the Conservation K9 Consultancy. Not only can the location and quantity of scat provide information on population counts, but they can identify individual animals including who is related to whom. Scat also provides information on the following: diet, hormone levels, pregnancy rates, stress, disease, and toxicology tests can reveal if the animal is being poisoned. This information helps conservationists to non-invasively keep tabs on endangered animals without the use of traps and tranquilizers and tagging.

Dr. Samuel Wasser, director of the Center for Conservation Biology and Conservation Canines Program, pioneered

the use of dogs to locate wildlife scat over large areas in 1997 when Wasser and his team did a study utilizing dogs to locate grizzly bear scat over a 5200-km² area in Alberta, Canada. The information they gleaned from the scat (sex, identity, stress levels, reproductive status) was supported by what they already knew from studying hair-snag and radio telemetry data on the bears, thus proving that dogs can be a valuable resource in conservation work including work in vast areas.

“A typical work day for Ernie starts with loading all the gear for the team,” says Holder. “We have to be prepared to be 100 percent self-sufficient in the field, including packing our own meals, safety gear and supplies. For a full day of work, we also pack a few gallons of water and snacks because Ernie is a lab after all and loves his treats,” adds Holder. Once on-site, Holder plans out how they’re going to cover the search area efficiently, and then they get started. “When he finds a target, he freezes in place and waits for me to approach and verify,” explains Holder. His paycheck for finding the target odor is food. “I take notes, drop a pin on the GPS tracker and/or drop a flag in the ground, and we continue on,” she adds. After a typical two to four hour on-site workday, they’re usually both covered in burrs and need to do full-body tick checks before heading to the showers. Then it’s time for the human part of the work: compiling the data.

Ernie also participates in Education Programs such as visiting schools, teaching kids about the role dogs play in the environmental conservation industry and the science behind scent work, and then Ernie gets to show off his sniffing super powers for the audience.

When not working, Ernie plays with his brother Oscar and snuggles with Laura and her husband as they watch TV. They also participate in agility classes so that Ernie can stay in tip-top shape for his fieldwork. “Typical of a Lab, he LOVES to chew on bully sticks, antlers and No-Hides as well as play with squeaky toys, and he can clear a frozen Kong in less than ten minutes,” shares Holder.

One of Ernie’s nicknames is Flying Ernie because he can jump straight up like Tigger! Other fun facts include these: Ernie loves stealing bananas from his humans; he’s starred in professional commercials, and he has a signature crook at the end of his tail, making it easy to pick him out of a doggy line-up.

For more information on Midwest Conservation Dogs, Inc. or to donate, visit www.midwestconservationdogs.com.

Products on Review



DOG HIPSTER STAINLESS STEEL CARABINER TRAVEL MUG

This fun mug clips on your bag or pants for an easy to-go solution to quenching thirst. Whether your dogs needs a sip or you, you're prepared in style to meet those needs. There are a variety of styles not related to dogs and there is a cat one as well. Nicely made. \$18.95

CALEDONIAN WAVE

ETSY.com



PET TRAVEL ESSENTIALS KIT

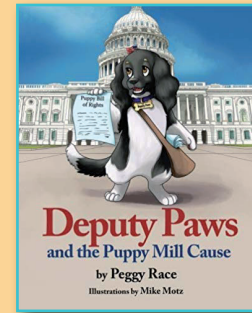
A very cute pawprint bag filled with 4

essential natural products for cats & dogs. Products handcrafted by holistic veterinarian, Dr. Deneen Fasano (from Florida) using organic ingredients such as aloe vera, herbs & essential oils. The smell is amazing. There are other products available as well. This one includes shampoo, ear wash, dental spray and hot spray. \$25

PAWROMA THERAPY

PawromaTherapy.com
pawromatherapy@gmail.com

ETSY.com



DEPUTY PAWS & THE PUPPY MILL CAUSE

It's a cute (yet sad) tale about a dog that is

rescued from a puppy mill. It's written in a rhyming nature in order to read it to younger kids. Author Peggy Race believes "that *Deputy Paws and the Puppy Mill Cause* will empower young people to find the tools to plant their own seeds and be the catalyst for change." After reading this book, adoption is clearly the only choice. And it is a great way to start teaching that concept to younger generations. Sold on Amazon.

\$12.99 (paperback), \$19.99 (hardcover)

BY PEGGY RACE
www.peggyrace.com

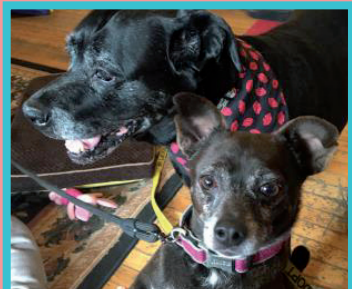
Portion of proceeds go to rescues

FETCH ME

IF YOU CAN

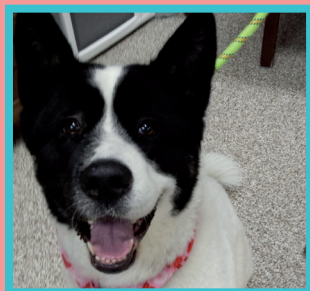
Lakeland Animal Shelter

lakelandanimalshelter.org



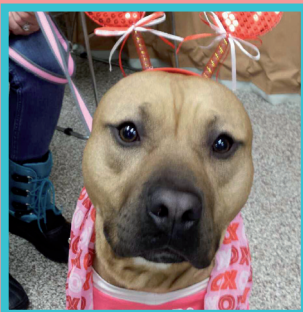
Blackie & Chi

This sweet, very bonded pair must go home together; their owner died, & they only have each other! They are females in good health, with Chi being the little boss lady! Chi is 10 (Chihuahua mix); Blackie is 8 (small Lab mix)! Together they have so much love to share!



Freya

This 5-year-old super sweet Akita is currently enrolled in our "Bright Futures" training class! She is very smart, knows many commands, & is extremely lovable! She is dreaming of her future forever family & some nice walks, a comfy bed, some treats and toys would be a nice bonus!

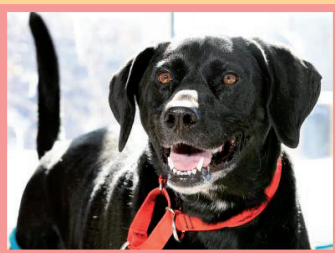


Manny

This very handsome 2-year-old boy (don't be fooled by the pink) is also enrolled in our "Bright Futures" training class! Manny is fun-natured, very smart & attentive & is waiting patiently for his family to find him! He also loves snuggle time, going on walks & playing with his dog friend!

Wisconsin Humane Society

wihumane.org



Luna

... is one happy-go-lucky pooch who makes just about anyone who meets her smile! This lovable 7-year-old enjoys walks & the outdoors, but her favorite thing to do is to snuggle up & watch reruns of just about any show. Luna has shown signs of separation anxiety, & is looking for an extra special family who can provide her with a lifestyle where she doesn't have to be alone for too long. If you have a dog-friendly workplace, work from home or have another way of making Luna's dreams come true, stop by the Milwaukee Campus today!



Miss Daisy

With gorgeous calico markings, Miss Daisy is sure to turn heads! This adoring 4-year-old loves climbing her cat tree, surprising you with affection & watching people. Like all of our cats, Miss Daisy is spayed, microchipped & vaccinated. If you'd like to meet Miss Daisy, stop by the Ozaukee Campus today!



Teddy Ruxpin

... can't tell you any stories, but he is sure to be the life of every party! This goofball loves to play, run & go for adventurous hikes. With an adorable two-toned face & soft brown eyes, Teddy is sure to make you fall in love. If you're ready to meet this lovable 2-year-old, stop by the Milwaukee Campus today!

Brew City Bully Club

brewcitybullies.org



Jameson

... is a 3-year-old big hunk of love! Jameson's favorite season is SUMMER! He could lay outside all day sunbathing & soaking up the smells the wind passes along! His perfect evening would be snuggling up on the couch to watch a movie & sharing your popcorn! Jameson would not do well in a home with small children or cats but would love a doggie friend!

** Cut me out & give me to a friend**

A DOG'S LIFE

CAMPS, CLASSES & SEMINARS

Friends of HAWS Monthly Meeting

2nd Wed. each month: 7 to 8PM
Waukesha, hawspets.org, 262-542-8851

Pet Loss Support

May 1: 7 to 8PM
Milwaukee Campus
WHS, wihumane.org

Puppy Yoga

May 5: 9:30AM
Madison Puppy Den, Madison
Madisonpuppyden.com
608-665-3375

FUNDRAISERS & GATHERINGS

Polka for the Pets

Mar. 30: 6 to 10PM
Jefferson VFW
307 Brickyard Ct, Jefferson,
Hsjc-wis.com, 920-674-2048

Safe Harbor HS Pancake Breakfast

Mar. 31: 8AM to 1:00PM
Kenosha Moose Family Center
3003 30th Ave, Kenosha
safeharborhumanesociety.org
262-694-4047

Dog Day 2 at the Milwaukee Admirals

Apr. 5: 7 to 9:30PM
UW-Milwaukee Panther Area
400 W Kilbourn Ave, Milwaukee
Hawspets.org, 262-542-8851

Barkin' Beer Fest

Apr. 6: 1 to 4PM
990 Tony Canadeo Run, Green Bay
Wihumane.org

Canine Campus Crawl

Apr. 7: 11AM to 1PM
UW Lot 60
801 Walnut ST, Madison
Giveshelter.org

Shelter from the Storm's SpayGhetti Dinner

Apr. 12: 4:30 to 7PM
St. Dennis Parish
413 Dempsey Road, Madison, Stfs.org

Shelter from the Storm's SpayGhetti Dinner

Apr. 12: 4:30 to 7PM
St. Dennis Parish
413 Dempsey Road, Madison, Stfs.org

Canine Cupids Spring Craft Fair

Apr. 13: 10AM to 3PM
Abundant Life Christian Academy
995 South Sawyer Road, Oconomowoc
Caninecupids.org

The Sofie Show

Apr. 26: 6 to 10PM
Zizzo Group
207 N. Milwaukee ST, Milwaukee
Wihumane.org

PuppyUp

May 5: 9AM to 3PM
McKee Farms Park
2930 Chapel Valley Rd.
Fitchburg, Madison

Furry Friends 5K

May 18: 9AM to Noon
Jefferson County Fair Grounds
503 N. Jackson, Jefferson
Hsjc-wis.com, 920-674-2048

Pet Walk-Green Bay

Jun. 2: 9:30AM
Brown County Fairgrounds
1500 Ft Howard Ave, DePere
Wihumane.org

Pet Walk-Milwaukee

Jun. 22: 10AM
Veterans Park
1010 N. Lincoln Memorial Drive
Wihumane.org

BCBC Ride to End Dogfighting

Jun. 22:TBD
House of Harley-Davidson

PARKS & RECREATION

Milwaukee Dog Exercise Areas

Bay View Dog Exercise Area:
Corner of E. Lincoln Ave. and S. Bay St.

Currie Park Dog Exercise Area:
3535 N. Mayfair Rd. Wauwatosa

Estabrook Park Dog Exercise Area:
4400 N. Estabrook Dr. Milwaukee

Granville Dog Exercise Area:
11718 W. Good Hope Place Milwaukee

Roverwest Dog Exercise Area:
3243 N. Weil St. in Riverwest!

Runway Dog Exercise Area:
1214 E. Rawson Ave. Oak Creek

Warnimont Park Dog Exercise Area:
5400 S. Lake Dr. Cudahy

ADOPTION EVENTS

MADACC at the House of Harley

May 23, Apr. 27: 9 to 11AM
6221 West Layton, Milwaukee
madacc.org/services, 414-649-8640

Shelter from the Storm

Every Saturday, 10AM to 2PM
PetSmart Madison East
Sftsrescue.org, 608-284-7447

Greyhound Meet 'n' Greet

4th Saturday of each month 1 to 3PM
HAWS, hawspet.org, 262-542-8851

PET PARTIES & PLAY GROUPS

Pooch Play Time

Apr. 14: 1:30 to 2:15PM
Wisconsin Humane Society
4500 West Wisconsin Ave
Wihumane.org, 414-264-6257

Puppy & Small Dog Party

Sunday 11:30AM to 12:30PM
For Pet's Sake, Mukwonago
800-581-9070, forpetsake.cc

Puppy Social

Sundays: 5:15 to 5:45PM, Hartland
Half-pint Social
1st & 3rd Fridays: 6:30 to 7:30PM,
Pewaukee 262-369-3935
Best Paw Forward, bestpawforward.net

Puppy Parties (HAWS)

Sundays: 4:45 to 5:15PM
HAWS, 262-542-8851, hawspets.org

Playgroups At Tabby & Jacks

Small Dogs Saturdays 9AM
Mixed Size Dogs Saturdays 10AM
Fitchburg 608-277-5900
Middleton locations 608-841-1133
Tabbyandjacks.com

Puppy Social Hour

Saturdays 10 to 11AM
Puppy Den, Madisonpuppyden.com
608-665-3375

Animal Control

MADACC 414-649-8640, madacc.org

BRATS (rescue animal transportation)
BRATstransport.org, BRATstransport@
gmail.com, 414-322-1085

Community Support

Friends of MADACC
friends@madacc.org, madaccfriends.org

Department of Neighborhood Services

414-286-2268 (report abuse)
or call local police department

Low-Cost Spay/Neuter Clinics

Baraboo, 608-356-2520, Sauk Humane
Kenosha, 262-694-4047, Safe Harbor
Milwaukee, 414-649-8640, MADACC
Madison, 608-224-1400, Spay Me Clinic
Waukesha/Washington County, 262-
789-1954, EBHS

Lost Dogs of Wisconsin

(assists you with finding your lost dog)
lostdogsofwisconsin.org

Lost & Stolen Pet Recovery Assistance

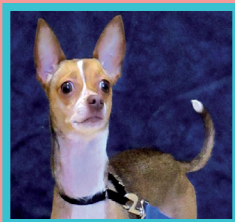
(assists you with free/low-cost micro-
chips) lspra.org, info@lspra.org

Milwaukee Animal Alliance

(local advocacy group for shelter ani-
mals) milwaukeeanimalalliance.org

Humane Animal Welfare Society

hawspets.org



Katie

... is a darling 2-year-old Chihuahua. This little dog has a ton of personality in a tiny package. She is a people pleaser who loves to learn. Although she is slim, she appreciates good treats, which her future adopter can use to teach her useful skills. Katie would do best in a home with kids 10 or over & may get along with a calm canine or feline companion. If you are looking for a spectacular little companion, stop by to meet Katie.



Smack

... is a 2-year-old mixed breed dog with a handsome red & white coat. He is an energetic boy who loves to play, especially with squeaky toys. He has done well with other dogs & enjoys meeting new people. He would thrive in an active home with children 10 & over. Smack is an eager learner who would benefit from continued training. Come visit this sweet boy & see if he is right for you.



Tiger

... is an 8-year-old domestic short hair cat. This stately tabby is looking for a home with adults to keep him company. He likes to be in charge & will cuddle with his people when he feels they are deserving. This handsome boy enjoys the finer things in life -- treats & catnip. Tiger wants your full attention & would like to be your only pet. Pop in & see if you and this lovely feline click.

Washington County HS

washingtoncountyhmane.org



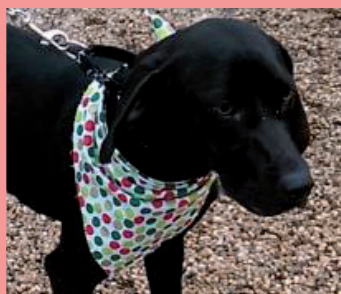
Lola

I was surrendered to WCHS because I wasn't getting along with another cat. No more cats, please. Kids in my home should be over 12 because I can be a tad moody. I'm a little too fluffy under my fur & need help controlling my weight. I'll love you if you let me, & if you scratch my cheeks because I love being petted & groomed.



Luke

I would be good with another dog in my new home because I love to play. A cat in my home could be okay because I mostly ignore them & am respectful of their correction. Gentle & respectful children of all ages would be a blast; I am excellent with all types of handling & think snuggles & scratches are wonderful. I am also an active lad who would relish a long walk with you each day.



Penny

Penny is my name, & I am a high-octane gal looking for an active home. If my new home has a dog, we will definitely need to meet first. Definitely no cats for me. My manners are not a good fit for kids under 10. I don't want any kids to get knocked over by my 51 pounds of crazy, high-energy pup all over the place.

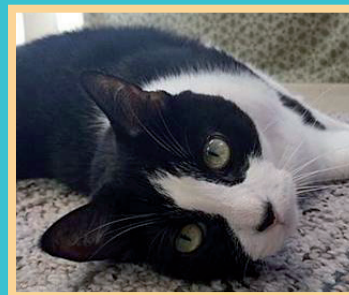
Humane Society Of Sheboygan County

adoptsheboygancounty.org



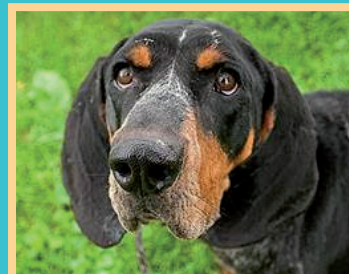
Hercules

... is 5 years old & has lots of youthful energy to match. This goofy boy loves to run! So if you've been searching for a motivated running partner to help you get your steps in, look no further! Hercules enjoys being the center of attention. This guy is so charming that he is often described as a favorite amongst our staff.



Jinx

... is 11 years old & might be a senior cat, but he has an amazing youthful spirit. Jinx adores basking in a patch of sunshine, likes laps & loves some snuggling. This handsome guy is a BIG fish lover, especially crab & tilapia. So if you're looking to share a Friday night Fish Fry, then Jinx is your man.



Sergeant Major

... is 9 years young & has been here at the shelter for more than 70 days. Being a man of simple pleasures, he enjoys activities such as tracking down the neighborhood vermin with his keen sense of smell & just enjoying time in the great outdoors!

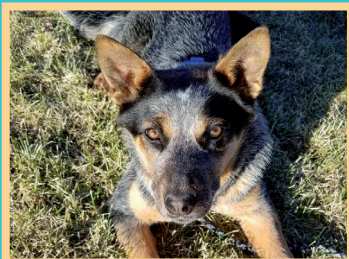
Sauk County HS

saukhumane.org



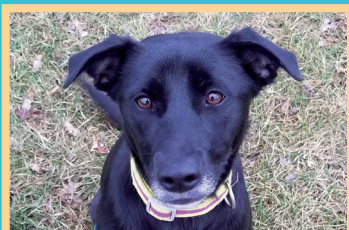
Clutch

Surrendered because of his high activity level, Clutch is looking for an active family with room to play with balls, rope toys & take long walks on trails to sniff. His family needs to be prepared to commit to his training, but he really loves to zoom in for some attention! He lived with another dog but no cats. Don't stall. Shift gears & meet this young man!



Jewel

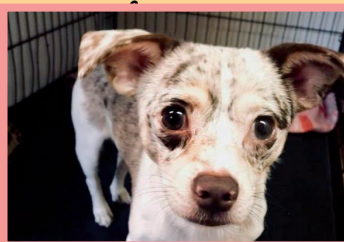
Once a stray, Jewel is a gem not to be passed up! While she needs to be the only pet in the home, she loves people & has even done nursing home visits! She is smart, has learned to walk on a leash & is looking for an active family to challenge her mentally every day. She loves to snuggle & will bring a sparkle into your life!



Wiggles

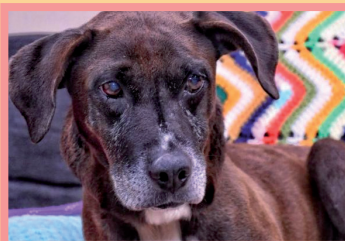
Surrendered by her family when they could no longer give her the care & training required, Wiggles is looking for a family familiar with her breed who will challenge her mentally every day. She knows sit, shake, loves to go for walks & run in the yard. She cannot live with cats but dogs could be ok. Come & meet her as she wiggles her way into your heart!

Shelter From The Storm



Bertram

... is an adorable boy & a real heart breaker. When he arrived at SFTS, he wouldn't let anyone or anything touch him. He was so afraid of us. With patience, love & a lot of treats, Bertram slowly learned to trust us! He is still extremely nervous around new people so he will need the right home to really blossom into the fun, playful, sweet boy he truly is.



Cranny

Looking for a senior sweetie to spoil & love? Cranny is your boy! Cranny loves affection & wants nothing more than a warm bed & the love of his human. He's a very good boy, & though he doesn't seem to know any commands, he is a docile darling. Cranny's ideal home has lots of warm snuggly spots to nap & a human who will be sure to cuddle him often & give him the love he deserves.



Pooh Bear

This little Pooh Bear knows he's got it & is not afraid to flaunt it. Pooh Bear seeks a mature & experienced new owner who can meet his every need & spoil him beyond his wildest dreams. Pooh Bear will love you dearly if you're his person, but if you're not, he has no reason to please & couldn't care less. And we're ok with that. You do you, Pooh. Pooh Bear is ready to live his best life & would do best in an adult-only home.

Recipe

Joy's Liver Treats

(By Joy Sonsalla)

1 cup Ouaker Oats

¼- ½ cup cheddar cheese

1-2 medium carrots

4 eggs

1 lb chicken livers

1 tsp garlic (optional)

2 cups whole wheat flour

1 Tbsp wheat germ

Preheat oven to 350°F.

In a medium bowl mix, oats & 1 cup boiling water & let stand 10 minutes. Clean & slice carrots into thin slivers. Puree chicken livers with their juice. In a large bowl, place flour, cheese, eggs, garlic, wheat germ, carrots & oats. Add chicken liver. Mix until smooth. Pour mixture into 10" x 15" cookie sheet. Spread evenly. Bake at 350°F for 25 minutes. Let cool & cut into ½" squares. Treats should look brown in color & not pinkish when fully cooked.

Vizsla tested and approved.

*Courtesy of Patti Muraczewski,
CPDT-KA, CABC, BA*

TO THE RESCUE

ALL BREEDS

Bichons & Little Buddies Rescue

414-750-0152, bichonrescues.com,
bichonandlittlebuddies@gmail.com,

Canine Cupids

caninecupids.org, caninecupids@live.com

Fetch Wisconsin Rescue

fetchwi.org, fetchwirecue@gmail.com

H.O.P.E. Safehouse

262-634-4571, hopesafehouse.org
hopesafehouse@gmail.com

Hoping Fur a Home

hopingfurahome.com

JR's Pups-N-Stuff Dog Rescue

414-640-8473, jrpsnstuff.org,
jrpsnstuff@yahoo.com

Milwaukee Pets Alive

milwaukeekeepsalive.org,
adopt@milwaukeekeepsalive.org

Paddy's Paws

920-723-5389, paddyspaws.blogspot.com

Patches Animal Rescue

920-344-6637, patchesanimalrescue.org,
patchesanimalrescue@yahoo.com

Remember Me Ranch

remembermeranch.org,
remembermeranch@gmail.com

Rescue Gang

rescuegang.org, info@rescuegang.org

Shelter From the Storm

sftrescue.org, sfts.info@yahoo.com

Tailwaggers 911 Dog Rescue

262-617-8052, tailwaggers911.com,
rescuedogs@tailwaggers911.com

Underdog Pet Rescue of Wisconsin

608-224-0018, underdogpetrescue.org,
info@underdogpetrescue.org

Woof Gang Rescue of Wisconsin

woofgangrescue.com,
Woofgangrescue@gmail.com

Yellow Brick Road Rescue & Sanctuary

414-758-6626, yellowbrickroadrescue.com,
loveqmoment@wi.rr.com

BASSET HOUND

Basset Buddies Rescue, Inc.

262-347-8823, bbrescue.org
info@bbrescue.org

BEAGLE

Midwest Beagle Rescue, Education & Welfare (BREW)

608-6611-5122, gotbeagles.org

BORDER COLLIE

Wisconsin Border Collie Rescue

WIBorderCollieRescue.org

BOSTON TERRIER

WI Boston Terrier Rescue

414-534-2996, wisconsinbostonterrierrescue.com,
Ollie1022@sbcglobal.net

BOXER

Green Acres Boxer Rescue of WI

greenacresboxerrescue.com,
info@greenacresboxerrescue.com

CATS

Happy Endings No Kill Cat Shelter

414-744-3287, HappyEndings.us
info@HappyEndings.us

Little Orphan's Animal Rescue

608-556-6130, littleorphansanimalrescue.org
cdcpumpkin@yahoo.com

CHESAPEAKE BAY RETRIEVER

Chessie Rescue of Wisconsin

920-954-0796, crrrow.org

CHIHUAHUA

Wisconsin Chihuahua Rescue, Inc.

608-219-4044, wischirescue.org
chigirl1983@gmail.com

COCKER SPANIEL

Wisconsin Cocker Rescue

wicockerrescue.com
262-271-6014

Shorewood Cocker Rescue

262-877-3294, cockerrescue.net,
elaine@cockerrescue

COONHOUND

Coonhound & Foxhound Companions

coonhoundcompanions.com

DACHSHUND

Oolong Dachshund Rescue

oolongdachshundrescue.org,
sarahdermody@oolongdachshundrescue.org

DALMATIAN

Dal-Savers Dalmatian Rescue Inc.

414-297-9210, dalrescue.us,
loveadal@yahoo.com

GERMAN SHEPHERD

German Shepherd Rescue Alliance of WI

414-461-9720, gsraw.com, yur_rltr@execpc.com
or gsdrsq@hotmail.com

Good Shepherd K-9 Rescue

608-868-2050, gsk9r.org,
pawmeadows@hughes.net

ARF's German Shepherd Rescue Inc.

arfrescue.com, gsd@arfrescue.com

White Paws German Shepherd Rescue

920-606-2597, whitepawsgsr.com,
calspence@aol.com

Wisconsin German Shepherd Rescue

920-731-1690, CFilz@aol.com

Mit Liebe German Shepherd Rescue

920-639-4274, mlgsdr.com
ccgsds@aol.com

GERMAN SHORTHAIRED POINTER

Wisconsin German Shorthaired Pointer Rescue Inc.

920-522-3131, wgspr.com, wgspr.petfinder.com,
wgsprinfo@gmail.com

GOLDEN RETRIEVER

Golden Rule Rescue & Rehabilitation (GRRR)

608-490-GRRR (4777), goldenrulerescue.org,
info@goldenrulerescue.org

GRRoW

888-655-4753, GRRoW.org,
president@grrow.org

WAAGR

414-517-7725, waagr.org, president@waagr.org

GREAT DANE

Great Dane Rescue of Minnesota & Wisconsin

gdromn.org, gdromn@gmail.com

GREAT PYRENEES

Great Pyrenees Rescue of Wisconsin, Inc.

920-293-8885, greatpyrrescuewi.com,
wooflodge@yahoo.com

GREYHOUND

Greyhound Pets of America-Wisconsin

gpawisconsin.org
Webmaster@gpawisconsin.org

LABRADOR

Labrador Education and Rescue Network

847-289-PETS (7387), labadoption.org,
learnndogs@labadoption.org

Labs N More

414-571-0777, LabsNMoreRescue.petfinder.com,
LabsNMoreRescue@yahoo.com

MALTESE

Northcentral Maltese Rescue Inc.

262-800-3323, malteserescue.homestead.com, mal-
teserescue@hotmail.com

PIT BULL TERRIER

Helping Pitties in the City (Remember Me Ranch)

remembermeranch.org/pittiesinthecity,
pittiesinthecitymke@gmail.com

Brew City Bully Club

Adopt@brewcitybullies.org

PUG

Pug Hugs, Inc.

414-764-0795, milwaukeekeepugfest.com,
milwaukeekeepugfest@yahoo.com

SHIBA INU

Midwest Shiba Inu Rescue

630-225-5046, shibaesue.org

SHIH TZU

New Beginnings Shih Tzu Rescue

nbstr.org, nbstr2.board@yahoo.com

Shih Tzu Rescue of Central Wisconsin

shihtzurecueofcentralwi.org

VIZSLA

Central Wisconsin Vizsla Rescue Club (CWVC)

608-279-4141, WiVizslaRescue@gmail.com

WESTIE

Wisconsin Westie Rescue, Inc.

920-882-0382, wisconsinwestierescue.com,
westies@new.rr.com

Submit your rescue,
it's free!

info@fetchmag.com

ROAD TRIP WITH ROVER TIPS By Gail Marie Beckman

across

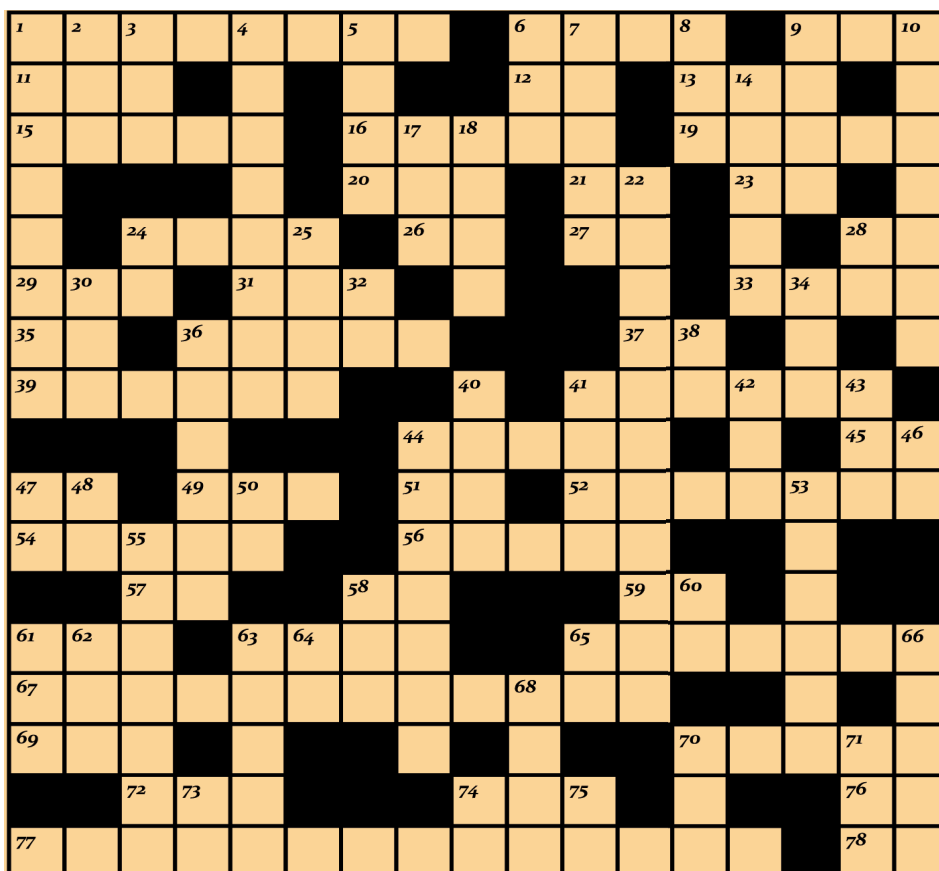
1. Always check ahead of time for dog - _____ parks and motels
6. Travelling by car is _____ stressful for your dog than flying
9. Take short, _____ rides to the park before trying a long trip
11. Parks and _____ Departments often keep a list of 39 across for dogs
12. Used to be prefix
13. Building section
15. Festival or fundraiser
16. Many places show their pet policy on their website under the "Plan Your _____" tab
19. Crown cousin
20. Night before
21. Recreational vehicle, shortened
23. Precedes Rainier or Everest
24. At the very peak
26. See _____ later, alligator
27. It's followed by an IOU
28. He loves _____ unconditionally
29. Have them wait to _____ until after you've arrived for an overnight
31. Bring old and _____ 33 across
33. (see 31 across)
35. Nickel symbol
36. Bring bottled _____ and a bowl
37. _____ and fro
39. (see 11 across)
41. Dogs love _____ with you for exercise
44. Kingly
45. Cooling syst.
47. Well, I'll _____ darned!
49. The _____ and don'ts are different everywhere
51. Symbol for europium
52. Use a safety _____ or secured crate while travelling
54. Bring _____ towels, stain remover and something for odors
56. Though they have strict leash laws, state parks have _____ trails
57. Intelligence radio, for short
58. Certain wkdy.
59. VI minus IV
61. First three of twenty-six
63. It'll be a _____ - wagging good time
65. Some cruise lines provide free meals and special _____
67. Have the phone number for your _____ and after-hours info
69. School website ending
70. For a lot of folks, a _____ vacation is with your pooch
72. The _____ dog was modeled after a painter's pet by the name of Nipper
74. Inquire
76. That is (abbr)
77. Have _____ tags on a sturdy collar
78. Short for motorship or Mississippi

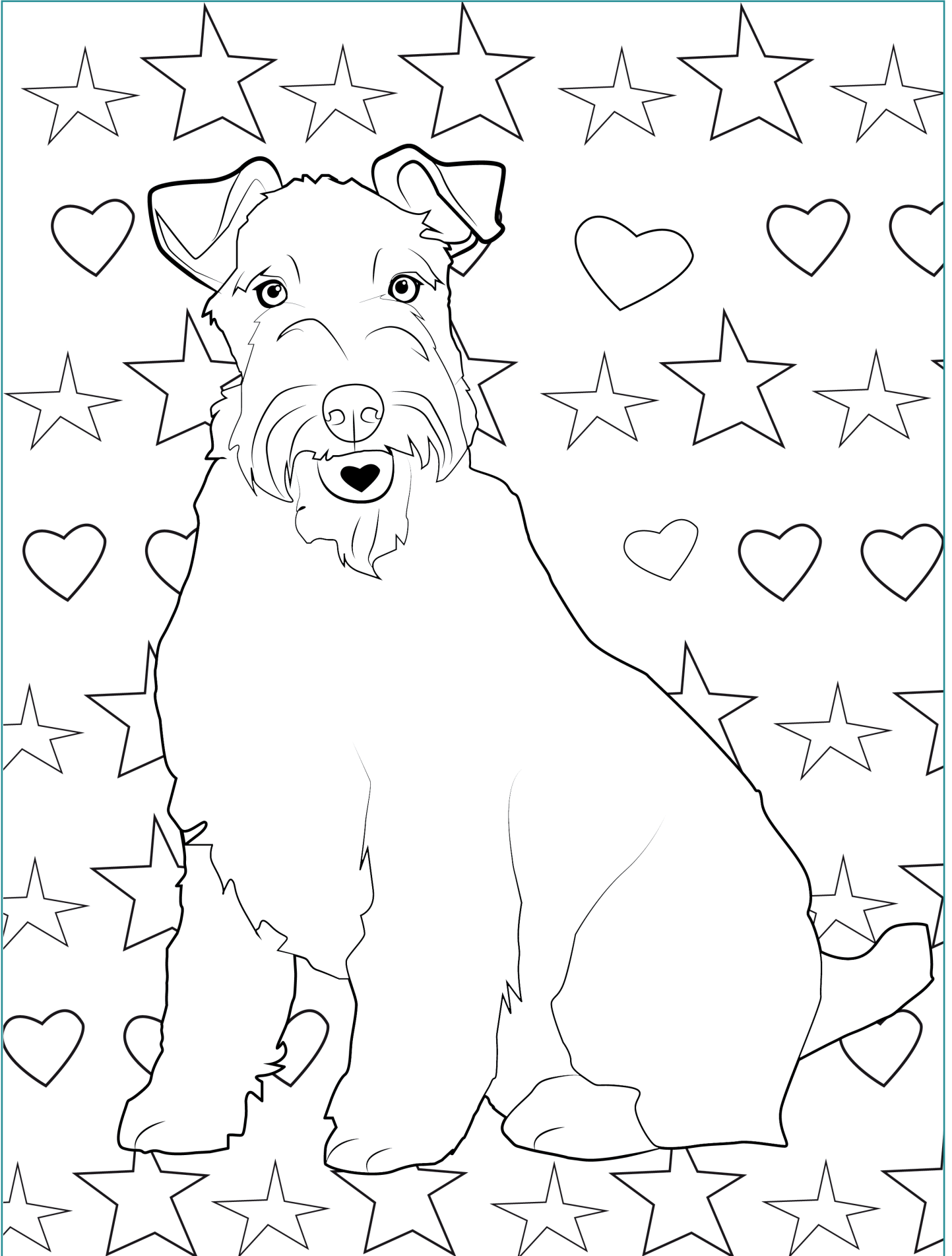
down

1. Make _____ stops for breaks
2. Hit the gas while idling
3. Cooler contents, perhaps
4. Most _____ Forests have trails that allow dogs
5. Before arriving, call and speak to a _____ person, since policies change
6. Hawaiian necklace?
7. Bring an _____ 60 down tag with your name and destination
8. _____ the windows where their head can't go out, to avoid eye injuries
9. Like a pancake?
10. Have on hand the vet phone number _____ to your travel location
14. Speed follower
17. Trellis climber
18. You may want _____ covers if this is a new thing
22. Be sure there's plenty of _____ while riding
24. Already there
25. You can find lists of where _____ are welcome
28. Goodness; oh _____!
30. Fresh, preferably
32. My dog and I
34. Possess
36. If your dog is a bit _____ than most,

consider areas where you won't run across others easily

38. Sure
40. Our furry, _____ - legged friends
41. A laugh
42. Quaint hotel
43. Certain stomach upset
44. Bring their _____ food from home
46. Order qty.
47. Short for blood pressure
48. Apiece (abbr)
50. Either partner
53. Follows fire.. a Dalmatian's ride
55. Have a recent _____ of your dog, in case you get separated
58. Metal container
60. (see 7 down) (abbr)
61. Blvd. cousin
62. Bring their _____ from home to make sleeping as normal as possible
63. Don't change your usual dog _____
64. Artificial intelligence, shortened
65. Between sol and ti
66. Bring familiar _____ to play
68. _____ boy!
70. Twosome
71. Goal
73. Credit note, shortened
74. Symbol for actinium
75. Short for karat or knot





Spring Quiz: How well do you know this issue?



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Maui was struggling with IBD and arthritis before getting acupuncture with Dr. Hopp. Now she is back to her happy, healthy self.

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- Back disease or injury
- Weakness or paralysis
- Chronic pancreatitis
- Seizures
- Anxiety
- Cognitive disorders
- Cancer
- Post-Operative Healing

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